



APRIL 2025 @THREE BRIDGES

1128 HORNBY ST.



JUNCTIONBC.CA



JUN
CTION COMMUNITY
CENTRE
VANCOUVER



604.812.3139



VANCOUVERJUNCTION@VCH.CA

MONDAYS

THURSDAYS

12-2PM BUILDING BACK COFFEE & CHAT -RM 215

DROP-IN FOR COFFEE, SNACKS, GAMES & CONNECTION.
GREAT INTRO TO OUR STAFF, PEERS & COMMUNITY

★ **2:30-4PM ART EXPRESSIONS -RM 215**

COME JOIN US FOR SOME PEER-LED THERAPEUTIC ART
PROJECTS. ARTISTIC SKILL IS NOT A REQUIREMENT

**CLOSED
APRIL 21st
STAT
HOLIDAY**

★ **4:30-5:30PM 2SLGBTQIA+ ALL PATHWAYS -RM 215**

GENERAL SHARING & MUTUAL SUPPORT MEETING INCLUSIVE OF ALL
FLAVORS OF RECOVERY.



12-4PM BUILDING BACK COFFEE & CHAT RM 215

DROP-IN FOR COFFEE, SNACKS, GAMES & CONNECTION. GREAT
INTRO TO OUR STAFF, PEERS & COMMUNITY.

JOIN US APRIL 24TH FOR OUR MONTHLY MILESTONES CELEBRATION!

★ **4:30-5:30PM 2SLGBTQIA+ ALL PATHWAYS -RM 215**

GENERAL SHARING & MUTUAL SUPPORT MEETING
INCLUSIVE OF ALL FLAVORS OF RECOVERY.



= DAYTOX CREDIT AVAILABLE

★ **ONLINE ALL PATHWAYS MEETINGS**

6PM-7PM

MONDAY - TUESDAY - WEDNESDAY - THURSDAY - SATURDAY

[HTTPS://VANCOUVERCOASTALHEALTH.ZOOM.US/MY/JUNCTIONALLPATHWAYS.](https://vancouvercoastalhealth.zoom.us/my/junctionallpathways)

MEETING ID: 244 730 7088

PASSCODE: 280265



 = DAYTOX CREDIT AVAILABLE

APRIL 2025 @ROBERT & LILY LEE 1669 E BROADWAY




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TUESDAYS

 **NEW**
4:30PM-5:30PM
ZEN OUT
RM 223

COME LEARN & PRACTICE VARIOUS MINDFULNESS & MEDITATION TECHNIQUES. NO EXPERIENCE REQ.

 **6PM-7PM**
ALL PATHWAYS MEETING -RM 223

THIS IS OUR FLAGSHIP MUTUAL SUPPORT MEETING INCLUSIVE OF ALL FLAVORS OF RECOVERY. EACH WEEK JOIN OTHERS IN DISCUSSING VARIOUS RECOVERY-RELATED TOPICS & FIND THE SUPPORT AND CONNECTION AN ALL-PATHWAYS APPROACH CAN BRING.


WEDNESDAYS

 **SMUDGE & FEATHER**
1:30PM-3PM
CULTURAL/RECOVERY ACTIVITIES
3:30-6PM
312 MAIN ST -GROUND FLOOR -SOUND ROOM



JOIN US WEEKLY AT 312 MAIN ST FOR SMUDGE & FEATHER PASSING WHILE WE DISCUSS RECOVERY & SPIRITUALITY FROM AN INDIGENOUS PERSPECTIVE.

AFTERWARDS WE WILL HOST VARIOUS CULTURAL ACTIVITIES IN THE SAME ROOM FOR THOSE WHO WOULD LIKE TO STAY & LEARN

 **6PM-7:30PM**
NAVIGATING WITHIN
-RM 223
APRIL 9, 16, 23, 30

DISCOVER YOUR MINDSET ABOUT SUBSTANCE USE, REWRITE YOUR JOURNEY OF RECOVERY FROM WITHIN.

FRIDAYS

CLOSED
APRIL 18th
STAT HOLIDAY

HAPPIER HOUR!
5-7PM (SEE BELOW)


APRIL 4TH:
STITCH & BITCH!

APRIL 11TH:
NAME THAT TUNE!

APRIL 18TH:
CLOSED - STAT HOLIDAY


APRIL 25TH:
DISNEY-OKE!

SATURDAYS

 **NEW**
11AM-12PM
MINDFUL MORNINGS
4TH FLOOR PATIO

1PM-2PM
AFTERNOON ALL-PATHWAYS MEETING
RM 226

2:30-4:30PM
MUSIC MAKERS -RM 223
NO SKILL REQUIRED
WEEK 1: PASS THE AUX MUSIC SHARE
WEEK 2: INSTRUMENT EXPLORATION
WEEK 3: SOFT JAM
WEEK 4: WORKSHOP

 **5PM-6PM**
ALL-PATHWAYS MEETING
RM 223

Follow us!

