

TUESDAYS



12:30pm - 2:30pm

Trail Walk
(routes vary!
Talk to Bahar)

2:30pm - 4:30pm
Afternoon Movies



Junction Dinner
Served **@ 5:00pm**
(menu next page)

6:00pm-7:00pm
All-Pathways *Hybrid*

WEDNESDAYS

Begins @12:00pm

Life Bites: Skills for
Success

a new life skills topic each week

1:00pm-3:00pm

Open Lounge (Trivia,
Origami, Nintendo,
Movies and games)



3:00pm - 4:00pm

Creative Pulpury

THURSDAYS



11:00am - 1:00pm
Birds of a Feather

**an Indigenous
perspective on recovery
and wellness*

1:30pm - 2:30pm

All-Pathways

3:00pm - 5:00pm

Gut Feelings

**Pierre's foodie
topic of the week**



FRIDAYS



11:00am - 2:00pm

Open Art
Drop-In



1:30pm - 3:00pm

Intro to DBT



3:00pm - 5:00pm

Happier Hour
(schedule next page)



SOUP'R SATURDAYS

*Different soup each week,
with buns or bread @
11:30am every Saturdays*



11:30am-12:30pm

Pen & Peace



1:00pm-3:00pm

Grown & Gathered
(Garden Club)

3:30pm-4:30pm

All-Pathways

OPEN HOURS

Come by any
time for coffee
and chats!

Tuesday 12pm-7pm
Wednesday 12pm-7pm
Thursday 10am-5pm
Friday 10am-5pm
Saturday 10am-5pm

February

JUNCTION

COMMUNITY
CENTRE
NORTH SHORE

P: 604-256-8979

Text us at 778-789-0643

junctionnorthshore@lookoutsociety.ca

1645 Lonsdale Avenue, North Vancouver



Lookout
Housing + Health Society



Dinner Menu

TUESDAYS @ 5PM

February 4: Make Your Own Taco Bowls
- with all the fixings

February 11: Italian Sausage Pasta w/
Salad & Garlic Bread

February 18: Thai Chicken Curry -
over rice with salad

February 25: Greek Chicken -
with rice, pita & Greek Salad



HAPPIER HOUR

FRIDAYS 3PM - 5PM

February 7:
BINGO

February 14:
Open mic & mocktails

February 21:
Detective Party Game

February 28:
Retro games

We also offer one-to-one support led by recovery navigators and peers with lived experience of substance use and recovery.

Don't forget!

Virtual All-Pathways
Meetings - 6pm-7pm

- Mondays
- Tuesdays
- Wednesdays
- Thursdays
- Saturdays



<https://vancouvercoastalhealth.zoom.us/j/90250000000>

MEETING ID: 244 730 7088
PASS CODE : 280265

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