TUESDAYS



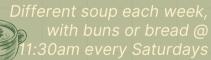
12:30pm -2:30pm Trail Walk Talk to Bahar)



Junction Dinner Served @ 5:00pm

6:00pm-7:00pm All-Pathways *Hybrid*

SOUP'R SATURDAYS





11:30am-12:30pm Pen & Peace

1:00pm-3:00pm Grown & Gathered (Garden Club)

> 3:30pm-4:30pm All-Pathways

WEDNESDAYS

Begins @12:00pm

1:00pm-3:00pm Open Lounge (Trivia,



THURSDAYS



11:00am - 1:00pm **Birds of a Feather** perspective on recovery and wellness

> 1:30pm - 2:30pm All-Pathways

3:00pm - 5:00pm Gut Feelings



FRIDAYS

11:00am - 2:00pm Open Art Drop-In

1:30pm - 3:00pm

3:00pm - 5:00pm Happier Hour

OPEN HOURS

Saturday 10am-5pm

February P: 604-256-8979

Text us at 778-789-0643 junctionnorthshore@lookoutsociety.ca 1645 Lonsdale Avenue, North Vancouver





Dinner Menu TUESDAYS @ 5PM

February 4: Make Your Own Taco Bowls - with all the fixings

<u>February 11:</u> Italian Sausage Pasta w/ Salad & Garlic Bread

February 18: Thai Chicken Curry - over rice with salad

February 25: Greek Chicken with rice, pita & Greek Salad



Don't forget!

Virtual All-Pathways Meetings - 6pm-7pm

- Mondays
- Tuesdays
- Wednesdays
- Thursdays
- Saturdays



https://vancouvercoastalhealth.zoo m.us/my/junctionallpathways

MEETING ID: 244 730 7088 PASS CODE : 280265

February

OPEN HOURS

Tuesday 12pm-7pm Come by any Wednesday 12pm-7pm Thursday 10am-5pm Friday 10am-5pm Saturday 10am-5pm



HAPPIER HOUR

FRIDAYS 3PM - 5PM

February 7: BINGO

February 14: Open mic & mocktails

February 21: Detective Party Game

> February 28: Retro games

We also offer one-to-one support led by recovery navigators and peers with lived experience of substance use and recovery.