


 = DAYTOX CREDIT AVAILABLE

 604.812.3139

DECEMBER @THREE BRIDGES

1128 HORNBY ST.

 WWW.JUNCTIONBC.CA

 VANCOUVERJUNCTION@VCH.CA

JUNCTION COMMUNITY
CENTRE
VANCOUVER

MONDAYS

THURSDAYS

ANNUAL JUNCTION HOLIDAY PARTY!

MONDAY DECEMBER 16TH

JAPANESE HALL - 487 ALEXANDER ST - 3PM TILL 7PM
(ALL OTHER GROUPS WILL BE CANCELLED THIS DAY!)

12-2PM BUILDING BACK COFFEE & CHAT -RM 215

DROP-IN FOR COFFEE, SNACKS, GAMES & CONNECTION.
GREAT INTRO TO OUR STAFF, PEERS & COMMUNITY

2:30-4PM ART EXPRESSIONS -RM 215

COME JOIN US FOR SOME PEER-LED THERAPEUTIC ART
PROJECTS. ARTISTIC SKILL IS NOT A REQUIREMENT

4:30-6PM 2SLGBTQIA+ ALL PATHWAYS +YOGA -RM 215

GENERAL SHARING & MUTUAL SUPPORT MEETING INCLUSIVE OF ALL
FLAVORS OF RECOVERY. THE DISCUSSION PORTION IS THEN
FOLLOWED BY A BRIEF & RELAXING YOGA ROUTINE

ONLINE ALL PATHWAYS MEETINGS

[HTTPS://VANCOUVERCOASTALHEALTH.ZOOM.US/MY/JUNCTIONALLPATHWAYS.](https://VANCOUVERCOASTALHEALTH.ZOOM.US/MY/JUNCTIONALLPATHWAYS)

6PM-7PM

MONDAY - TUESDAY - WEDNESDAY - THURSDAY - SATURDAY

CLOSED DEC 25TH & 26TH

MEETING ID: 244 730 7088

PASSCODE: 280265



HOLIDAY HOURS

WE ARE CLOSED FOR ALL IN PERSON & ONLINE
GROUPS WED & THURS DEC 25TH & DEC 26TH

12-4PM BUILDING BACK COFFEE & CHAT RM 123 OR 215

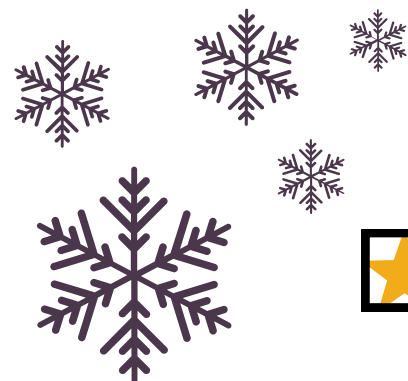
DROP-IN FOR COFFEE, SNACKS, GAMES & CONNECTION. GREAT
INTRO TO OUR STAFF, PEERS & COMMUNITY.

*JOIN US DEC 19TH FOR OUR MONTHLY MILESTONES
CELEBRATION!*

4:30-5:30PM 2SLGBTQIA+ ALL PATHWAYS -RM 215



GENERAL SHARING & MUTUAL SUPPORT MEETING
INCLUSIVE OF ALL FLAVORS OF RECOVERY.



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DECEMBER @ROBERT & LILY LEE 1669 E BROADWAY



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TUESDAYS



4:30-5:30PM
REST & RESTORE YOGA
-RM 223

JOIN TJ FOR OUR NEW REST & RESTORE YOGA CLASS! NO EXPERIENCE NECESSARY, MATS & TEA & CHAIRS PROVIDED


6PM-7PM
ALL PATHWAYS MEETING -RM 223

THIS IS OUR FLAGSHIP MUTUAL SUPPORT MEETING INCLUSIVE OF ALL FLAVORS OF RECOVERY. EACH WEEK JOIN OTHERS IN DISCUSSING VARIOUS RECOVERY-RELATED TOPICS & FIND THE SUPPORT AND CONNECTION AN ALL-PATHWAYS APPROACH CAN BRING.

WEDNESDAYS


ALL IN-PERSON & ONLINE GROUPS CLOSED WEDNESDAY DEC 25TH & THURSDAY DEC 26TH


11:30AM-1:30PM
SMUDGE & FEATHER
LOCATION VARIES

JOIN US FOR SMUDGE & FEATHER PASSING WHILE WE DISCUSS RECOVERY & SPIRITUALITY FROM AN INDIGENOUS PERSPECTIVE.

FRIDAYS


3PM-4PM
CALM & CONNECT
RM 223
CANCELLED DEC 6TH

COME LEARN & PRACTICE VARIOUS MINDFULNESS & MEDITATION TECHNIQUES. NO EXPERIENCE REQUIRED!

HAPPIER HOUR!
5-7PM (SEE BELOW)

DEC 6TH: 5PM-7PM
GAMES NIGHT!

DEC 13TH: 5PM-7PM
JOLLY JUNCTION
JEAPORDY!

DEC 20TH: 5PM-7PM
OPEN MIC


DEC 27TH: 5PM-7PM
MOVIE & PJ PARTY!

SATURDAYS

11AM-12PM
YOGA FLOW -RM 223

1PM-2PM
ALL-PATHWAYS:
STUDENTS & YOUNG
ADULTS -RM 226

2:30-4:30PM
MUSIC MAKERS -RM 223
NO SKILL REQUIRED
WEEK 1: PASS THE AUX MUSIC SHARE
WEEK 2: INSTRUMENT EXPLORATION
WEEK 3: SOFT JAM
WEEK 4: WORKSHOP


5PM-6PM
ALL-PATHWAYS
MEETING
RM 223

Follow us!

