

TUESDAYS

INTRO-SPECTIONS OPEN GROUP

9:00 am - 10:00 am

Support group for those affected by the substance use of loved ones

HEALING HANDS

10:00 am to 11:30 am

Indigenous Cultural Engagement Peer

ONE TO ONE MEETINGS

12:00 pm - 1:00 pm

Confidential sessions with recovery staff
(Appointment required)

BUILDING BACK COFFEE & CHAT

1:00 pm - 2:00 pm

In recovery? Curious about recovery?
Stop by for a coffee and chat

TUNE INTO RECOVERY

2:00 pm - 4:00 pm

Musical Jam session for all skill levels
(Keyboard, guitars, etc.)

WEDNESDAYS

ONE TO ONE MEETINGS

10:30 am - 12:30 pm

Confidential sessions with recovery staff
(Appointment required)

ALL PATHWAYS OPEN MEETING

IN PERSON AT THE HOPE JUNCTION

1:00 pm - 2:00 pm

Recovery support group

CRAFTY CORNER

2:00 pm - 4:00 pm

Various art/craft projects for all
skill levels in a recovery-focused environment

HOPE JUNCTION ONE YEAR ANNIVERSARY!

SEPT 15TH

1:00 pm - 3:30 pm

Snacks, refreshments, games & more!

PEER TRIP TO STS'AILES FIRST NATION

SEPT 16TH

9:45 am - 3:00 pm

Ask staff for details

CLOSED:

Sept 3: Closed

Sept 8 : Closed

Sept 17: Closed at 1 pm

Sept 30 : National Day For
Truth And Reconciliation

THURSDAYS

NAVIGATING RECOVERY

8:30 am - 9:00 am

4 part Navigating Recovery series
(Registration required)

ONE TO ONE MEETINGS

9:00 am - 10:30 am

Confidential sessions with recovery staff
(Appointment required)

MORNING MINDFUL-BLISS

10:30 am - 11:00 am

Learn and practice mindful meditation skills
(Registration required)

SMART RECOVERY MEETING

11:30 am - 12:30 pm

Science-based recovery support

ALL PATHWAYS OPEN MEETING

1:00 pm - 2:00 pm

Recovery support group

HAPPIER HOUR

2:00 pm - 4:00 pm

Socialize with weekly themes and do recovery together
(Games, music, etc.)

FRIDAYS

THE HOPE JUNCTION

AT SPUZZUM FIRST NATION

CRAFTY CORNER

11:00 am - 1:00 pm

Bringing the Hope Junction services to the Fraser Canyon

THE HOPE JUNCTION

AT BOSTON BAR CANYON LANES

CRAFTY CORNER

2:00 pm - 4:00 pm

Bringing the Hope Junction services to the Fraser Canyon

ONLINE ALL PATHWAYS MEETING

6:00 PM TO 7:00 PM

HOSTED BY ABBOTSFORD JUNCTION ON ZOOM

Mon/Tues/Weds/Thurs/Sat

Meeting ID: 244 730 7088

Passcode: 280265

REMINDER AND THANK YOU FOR OUR INTERNATIONAL OVERDOSE AWARENESS DAY EVENT

HOPE MEMORIAL PARK
CORNER OF WALLACE AND 4TH AVE
MONDAY AUGUST 31ST
11:00 AM TO 2:00 PM