

October

JUNCTION
COMMUNITY
CENTRE
NORTH SHORE

 **Lookout**
Housing + Health Society

Tuesday

Recovery Navigator Drop-in

12:00pm – 2:00 pm

Building Back Coffee & Chat

2:00pm – 5:00 pm

Dinner at 5:00 pm

All-Pathways

5:30ish pm

*In-Person (after dinner)

October is Election
Month in BC! Ask us
about registering
to vote!

Wednesday

Writer's Block w/ Shannon

12:30pm – 2:00pm
(creative journaling)

Building Back Coffee & Chat

2:00 – 5:00 pm

*Milestones Party
October 7

Shift Happens

(Registration
Required)

5:30 – 6:30 pm



All-Pathways (hybrid)

6:00 pm

Thursday

Smudge & Feather Sharing Circle

10:30am

Qigong

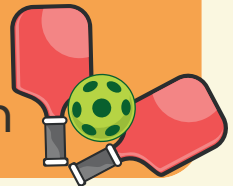
12:30 – 1:30 pm

SMART Recovery

1:30pm – 2:30 pm

What the Rec?!

3:00pm – 5:00 pm



**October 31
Halloween Party**
during Build Back
Coffee & Chat



Friday

Art Expressions w/ Kate

11:00am – 12:30pm

Process Group w/ Roz

11:30am – 1:00pm

Intro to DBT w/ Roz

1:30pm – 3:00pm

Happier Hour

3:00pm – 5:00pm

Oct. 2

Bingo

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Oct. 9

Polygon Gallery

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Oct. 16

Family Feud

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Oct. 23

Pumpkins and Pie

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Oct. 30

Spooky Movie Night

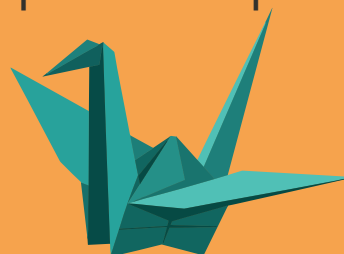
Saturday

All-Pathways

12:00pm – 1:00pm

**Creative Pulpury
(with Mindfulness
Practices)**

1:00pm – 2:00pm



**Building Back Coffee &
Chat**

2:00pm – 5:00 pm



VIRTUAL

ALL-PATHWAYS

**Mondays, Tuesdays,
Wednesdays,
Thursdays, and
Saturdays**

6pm – 7pm

<https://vancouvercoastalhealth.zoom.us/j/unctionallpathways>

MEETING ID:

244 730 7088

PASS CODE : **280265**

JUNCTION
COMMUNITY
CENTRE
NORTH SHORE

Get in touch with us!

Call: **604-256-8979**

Text: **778-789-0643**

Find us at:

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