

JUNE

📍 3rd Floor - 540 Borland Street, Williams Lake ✉ CaribooJunction@interiorhealth.ca ☎ 250-302-5022 🌐 junctionbc.ca

TUESDAYS

BUILDING BACK COFFEE & CHAT

Weekly from 12-3 p.m.

FIND US IN COMMUNITY OR DROP-IN AT OUR MAIN OFFICE

WEDNESDAYS

DROP-IN NALOXONE TRAINING

Every 4th Wednesday from 10-12 p.m.

FIND US AT THE STAMPEDE BREAKFAST!

UPCOMING DATE IS JUNE 24.

HEALTHY COPING

Weekly from 9:30-11 a.m.

JUNCTION MAIN OFFICE

REGISTRATION REQUIRED. LAST SESSION IS JUNE 17.

SMART RECOVERY

Weekly from 3-4 p.m.



JUNCTION MAIN OFFICE

THURSDAYS

GRIEF & GRUB

Second and last Thursday of the month from 2-3 p.m.



33 YORSTON ST (UNIFOR)

UPCOMING DATES ARE JUNE 11 & 25.

FIRESIDE CONNECTIONS

Monthly from 1-3 p.m.

487 BORLAND ST LAWN

UPCOMING DATE IS JUNE 18.

FRIDAYS

SMART RECOVERY

Weekly from 3-4 p.m.



JUNCTION MAIN OFFICE

WHAT IS THE JUNCTION?

The Cariboo Junction offers community recovery supports for people who use substances and their loved ones. Open to anyone 19+.

The Junction's aim is to create welcoming and inclusive spaces for **all** people who use substances.

We're here for support if you:

- Are thinking about recovery but are unsure and want to find out more
- Know you want recovery services/supports but need help with how
- Are ready and connected but may be on a waitlist for a service
- Are in transition between services
- Are in treatment or supportive housing and want to participate in activities or other supports the Junction has to offer
- Have been in recovery, have relapsed, and want a familiar, supportive community to return to
- Are from support networks: families, chosen families, friends, and partners

WANT MORE INFO?

All Junction services are free and include a variety of groups and one-on-one supports. Check out our website at junctionbc.ca for more information!



STAMPEDE BREAKFAST



WEDNESDAY, JUNE 24 | 10:30 AM - 1:00 PM
BOITANIO PARK

ENJOY A FREE BREAKFAST COMPLETE WITH PANCAKES, HASHBROWNS, EGGS, BACON, COFFEE & JUICE!

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GROUP DESCRIPTIONS

BUILDING BACK COFFEE & CHAT

Are you in recovery? Curious about recovery? Join our Peer team for coffee and connection! This program combines on-foot outreach and indoor drop-in.

DROP-IN NALOXONE TRAINING

Learn how to recognize and respond to an opioid poisoning with quick, hands-on training. All are welcome.

HEALTHY COPING

Educational drop-in sessions facilitated by the IH counselling team. Topics include stress, ADHD, trauma & recovery, CBT, and EMDR. Registration required.

SMART RECOVERY

A judgement-free drop-in support group for people seeking change with any addictive behaviour.

GRIEF & GRUB

Join us to talk about grief, loss, and healing as we connect over food, conversation, and community. We welcome anyone navigating loss of any kind, such as changes in health, relationships, identity, roles, or life circumstance.

FIRESIDE CONNECTIONS

An opportunity to gather and honor our loved ones. Please bring kindness and an open heart to ensure this is a supportive space for everyone.

ADDITIONAL SERVICES

1:1 RECOVERY NAVIGATION

Meet individually with our substance use clinician to discuss your goals and receive support connecting to services.

PEER OUTREACH

Our Peer team will be walking around the downtown core on Mondays and Thursdays ready to connect.

DAYS OF SIGNIFICANCE



- June is National Indigenous History Month and the start of Pride season.
- June 19 is Juneteenth.
- June 20 is World Refugee Day.
- June 21 is National Indigenous Peoples Day.
- June 23 is National Day of Remembrance for Victims of Terrorism.
- June 27 is Canadian Multiculturalism Day.

EMERGENCY PREPAREDNESS



Info Session

Join us during Building Back Coffee & Chat on June 16 to learn more about how to be prepared in case of an emergency, including how to be prepared to evacuate.

📅 June 16, 2026

🕒 1-2 p.m.

📍 Junction main office

For more information, visit:

🔗 PreparedBC.ca



CALLING OUR PEOPLE HOME

We're all in this together. Addiction knows no boundaries; it's in our community, families, and homes. Come join Xat'sūll First Nation as they bring together healers from all walks of life to help those living with addictions.



📅 June 17, 2026

🕒 9 a.m. - 3 p.m.

📍 Boitanio Park

CEREMONIES
SMUDGING
BRUSHING OFF
DRUMMING & SINGING
PRAYERS

TREATMENT & DETOX
OPTIONS
HARM REDUCTION
CARE PACKAGES



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