

JUNE 2026

📍 102-32463 Simon Ave, Abbotsford BC



604.851.3754



JunctionBC.ca/Abbotsford



JunctionAbbotsford@fraserhealth.ca



A place to **share, belong, and heal.**



TUESDAY

12PM - 1:30PM BUILDING BACK

Drop-in for coffee, chats, and games!
On June 9th, we will be closing at 1:00pm

Junction Office

2:30PM - 4PM ART EXPRESSION



Join us for therapeutic art, guided journaling, poetic reflection, and creative vibes.

Junction Office

4:30PM - 5:30PM AMPLIFY

A welcoming space to learn, jam, and make music together. No experience needed.

Junction Office

WEDNESDAY

12PM - 1:30PM BUILDING BACK

Drop-in for coffee, chats, and games! Also stop by to meet with a **Recovery Navigator**.

Junction Office

2:30PM - 3:30PM THE MIND TOOLKIT



A supportive learning space focused on building mental health skills.

Junction Office

4PM - 5PM SMART RECOVERY

online

Register by calling DEW Intake (604.585.5610) or attending intake drop-in.

THURSDAY

10:30AM - 11:30AM **SMART RECOVERY** In-person

Register by calling DEW Intake (604.585.5610) or attending intake drop-in.

12:15PM - 1:30PM **GENTLE MOVEMENT**

ASAA Hall: 2631 Cyril St



1PM-3PM **BUILDING BACK**

Drop-in for coffee, chats, and games!

Stop by to meet with a **MSDPR Community Integration Specialist**. Ask questions about income or disability assistance, housing support, and more!

5PM-6PM **ALL PATHWAYS**

Junction Office


Call, email, or drop-in to sign up

SCAN HERE FOR ALL LINKS



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FRIDAY

12PM - 1:30PM

Junction Office

SMUDGE AND FEATHER

Explore recovery and wellness from an Indigenous perspective.

★ 3PM - 5:30PM
HAPPIER HOUR

2631 Cyril St

05 Tacos & Candle Making

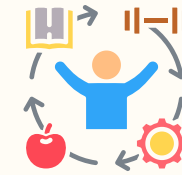
12 Build-Your-Own-Sub & Community Cookbook

★ 19 **Abby Junction's 1 Year Anniversary!**
Meet at 2308 Adanac Street for BBQ and games! **Sign-up in advance by emailing or talking with staff.**

26 Pizza & Charades

SATURDAY

12:30PM - 2PM



THE HABIT HUB

Join to explore a new life skill each week. Whether it's cooking, budgeting, or ways to build a healthy routine.

Junction Office

★ 3PM - 4:30PM
TRAIL WALK

Meet at 2308 Adanac Street for a walk around Mill Lake Park. **Weather permitting. Sign-up with staff.**

2308 Adanac St

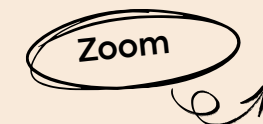
Online All-Pathways Meetings

Meeting ID: 244 730 7088

6:00pm-7:00pm

Passcode: 280265

Mon / Tues / Wed / Thurs / Sat



DID YOU KNOW?

Abbotsford Junction

URNS

ONE

Come and celebrate Abby Junction's Anniversary with us.

Sign-up is required for food count.

Recovery Navigator



Meet with a Recovery Navigator at the Junction office.

Sign-up for a 30-minute slot!

When

Wednesdays
12pm - 1:30pm