

TUESDAYS

INTRO-SPECTIONS OPEN GROUP

9 am - 10 am

Support group for those affected by the substance use of loved ones

ONE TO ONE MEETINGS

12 pm - 1 pm

Confidential sessions with recovery staff
(Appointment required)

BUILDING BACK COFFEE & CHAT

1 pm - 2pm

In recovery? Curious about recovery?
Stop by for a coffee and chat

TUNE INTO RECOVERY

2pm - 4pm

Musical Jam session for all skill levels
(Keyboard, guitars, etc.)

DEW PROGRAM

SPECIAL POPULATIONS CLINICIANS AND CULTURAL ENGAGEMENT

Every Tuesday in May
Ask staff for details

WEDNESDAYS

ONE TO ONE MEETINGS

10:30 am - 12:30 pm

Confidential sessions with recovery staff
(Appointment required)

ALL PATHWAYS OPEN MEETING

IN PERSON AT THE HOPE JUNCTION

1 pm - 2 pm

Recovery support group

CRAFTY CORNER

2pm - 4pm

Various art/craft projects for all
skill levels in a recovery-focused environment

SPRING FLING AT HOPE JUNCTION

JOIN US MAY 13TH FROM 1 PM TO 4 PM

Help us welcome spring with hot dogs, games, music, and more!

CLOSED:

MAY 19TH - Closed

THURSDAYS

MORNING MINDFUL-BLISS
9 am - 10am
Learn and practice mindful meditation skills
(registration required)

ONE TO ONE MEETINGS
10 am - 11 am
Confidential sessions with recovery staff
(Appointment required)

INTRO TO NAVIGATING RECOVERY
12 pm - 1 pm
Introduction & sign up for our 4 part
Navigating Recovery series

ALL PATHWAYS OPEN MEETING
IN PERSON AT THE HOPE JUNCTION
1 pm - 2 pm
Recovery support group

HAPPIER HOUR
2pm - 4pm
Socialize with weekly themes and do recovery together
(Games, music, etc.)

FRIDAYS

THE HOPE JUNCTION
AT SPUZZUM FIRST NATION

CRAFTY CORNER
11am - 1pm
Bringing the Hope Junction services to the Fraser Canyon

THE HOPE JUNCTION
AT BOSTON BAR CANYON LANES

CRAFTY CORNER
2pm - 4pm
Bringing the Hope Junction services to the Fraser Canyon

ONLINE ALL PATHWAYS OPEN MEETING

5 PM TO 6 PM SATURDAYS
HOSTED BY ABBOTSFORD JUNCTION ON MICROSOFT TEAMS
(No account required) Meeting ID: 221 658 615 886 9
Password: ey3wt9yx



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