

MAY 2026

📍 102-32463 Simon Ave, Abbotsford BC



604-851-3754



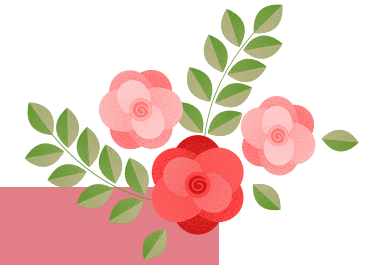
JunctionBC.ca/Abbotsford



JunctionAbbotsford@fraserhealth.ca



A place to **share, belong, and heal.**



Heads Up!
We are closed on
May 18 & 19

TUESDAY

2:30PM - 4PM

ART EXPRESSION

Join us for therapeutic art, guided journaling, poetic reflection, and creative vibes.

Junction Office



4PM - 6PM

BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

INTAKE DROP-IN

DAY, EVENING, WEEKEND PROGRAM
EVERY MON | 12PM - 3PM

Interested in group-based support through a community-based substance use program? Drop-in to sign up.

WEDNESDAY

12PM - 2PM

BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

2PM - 3:30PM

TRAIL WALK

Meet us at the Junction office to explore a new trail each week in Abbotsford.

Weather permitting.

Junction Office



4PM - 5PM

SMART RECOVERY

online



Join our self-empowering support group to create a balanced and meaningful life.

Register by calling DEW Intake (604.585.5610) or attending intake drop-in on Mondays.

THURSDAY



10:30AM - 11:30AM

SMART RECOVERY

Register by calling DEW Intake (604.585.5610) or attending intake drop-in on Mondays.

In-person



12:15PM - 1:30PM

GENTLE MOVEMENT

A space for movement and relaxation exercises to support wellness and recovery.

ASAA Hall: 2631 Cyril St



4PM-6PM

BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office



Call, email, or drop-in to sign up

SCAN
HERE
FOR ALL
LINKS



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JUNCTION COMMUNITY CENTRE ABBOTSFORD

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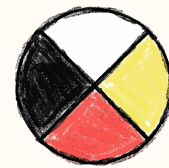


FRIDAY

12PM - 1:30PM

SMUDGE AND FEATHER

Explore recovery and wellness from an Indigenous perspective.



Junction Office

2:30PM - 3:30PM

ALL PATHWAYS

A mutual recovery support meeting to share stories and build connection.

ASAA Hall: 2631 Cyril St

4PM - 5:30PM
AMPLIFY



A welcoming space to learn, jam, and make music together. No experience needed.

ASAA Hall: 2631 Cyril St

SATURDAY



12:30PM - 3:30PM

HAPPIER HOUR

ASAA Hall: 2631 Cyril St

02 Appies & Cheesy
MAY Movie Marathon

09 Hot Dogs and
MAY Horseshoe at Mill Lake

16 Stir Fry, Charades, &
MAY Candle Making

23 Build Your Own Pizza
MAY & Bath Bombs

30 S'mores, Hot Dogs
MAY & Campfire



On May 9, we'll meet at ASAA Hall and then head to Mill Lake.

5PM - 6PM

ALL PATHWAYS

online



Tuesday to Saturday
12PM - 4PM

On Saturdays we will be at ASAA Hall, 2631 Cyril St

DID YOU KNOW?

Vocational Counsellor

Meet with a vocational counsellor at the Junction office.

Sign-up for a 30-minute slot!

When

May 12, 12:30pm - 2:30pm

May 28, 2pm - 4pm

QUESTIONS ABOUT INCOME ASSISTANCE OR BENEFITS?

Meet with a MSDPR Community Integration Specialist at the **Junction office.**

No appointment needed.

Every Thursday
1PM - 3PM

Virtual All-Pathways

Sat | 5PM - 6PM

Meeting ID: 221 658 615 886 9

Passcode: ey3wt9yx

MICROSOFT TEAMS LINK

