


# MAY 2026

 **Networks Ministries,**  
10500 13 St. Dawson Creek, BC

 (250)-806-1900

 [JunctionBC.ca/Northeast](http://JunctionBC.ca/Northeast)

 [Junction.NE@northwindwc.ca](mailto:Junction.NE@northwindwc.ca)

 Follow us on Facebook at: The Junction NorthEast



## WEDNESDAY

**12:00 - 1:00 PM**

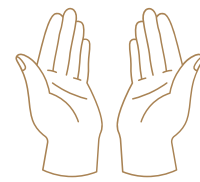


### ALL PATHWAYS MEETING

A mutual support meeting from all walks of recovery. Share stories, explore different perspectives, and build connections through open, real and honest conversations

**1:30 - 2:00 PM**

### MEDITATION & PRAYER



Meditation and prayer to support spiritual balance and healing

**2:30 - 3:30 PM**

### KIN EEHEWAN

### DO YOU SPEAK CREE?

Come and learn beginner Cree words with our in-house Elder and rediscover one of Canada's original languages



**2:30 - 4:30 PM**

### MINDFUL YOGA

Stretch, breathe, and relax in our beginner-friendly yoga class. Learn simple poses, and find calm through gentle movements



Junction North East is a space for 19+ adults seeking wellness or recovery from substance use.

## THURSDAY

**1:00 - 2:00 PM**

### MEDITATION AND PRAYER



Meditation and prayer to support spiritual balance and healing

**2:00 - 3:30 PM**

### BUILDING BACK COFFEE & CHAT

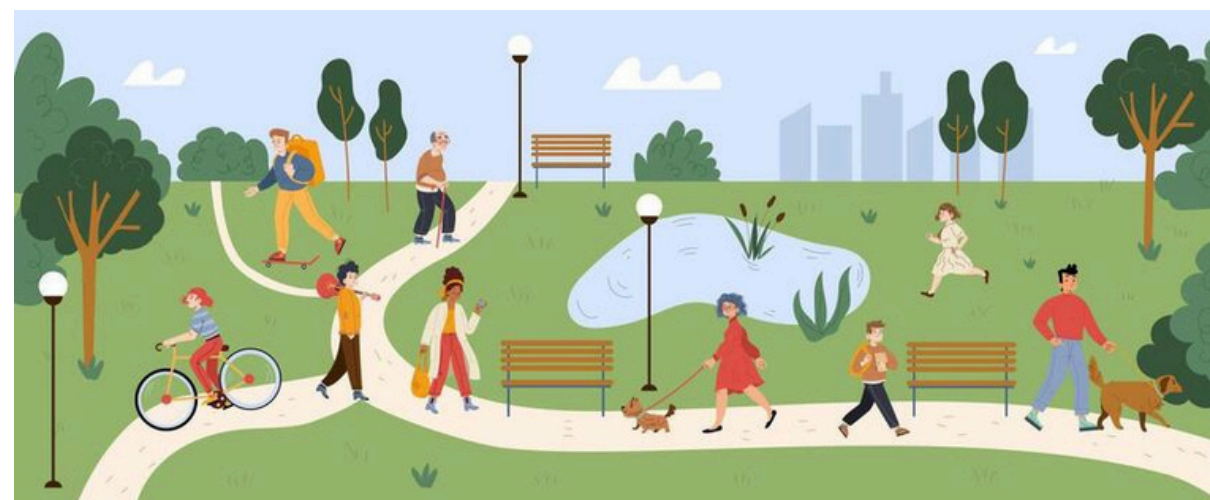
Come join us for Coffee, Snacks & Connection. A great introduction to our Staff, Peers and Community

• **MAY 7<sup>TH</sup> - BINGO & GAMES**

• **MAY 14<sup>TH</sup> - ARTS & CRAFTS**

• **MAY 21<sup>ST</sup> - BINGO & GAMES**

• **MAY 28<sup>TH</sup> - ARTS & CRAFTS**



## FRIDAY

**10:00 - 11:00 AM**



### ALL PATHWAYS MEETING

A mutual support meeting from all walks of recovery. Share stories, explore different perspectives, and build connections through open, real and honest conversations

**1:00 - 4:00 PM**

### EQUINE THERAPY

Help improve your emotional, physical and psychological well-being by learning about and spending time with horses

6-Session Program



**3:00 - 4:30 PM**



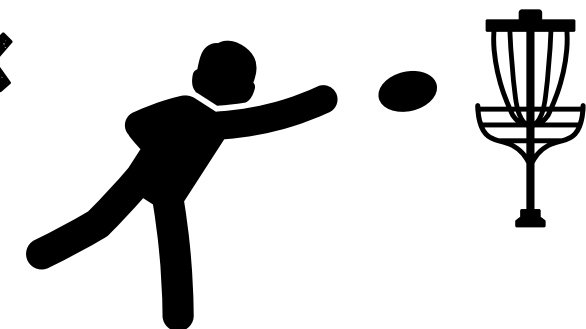
### BUILDING BACK COFFEE & CHAT

Come join us for Coffee, Snacks & Connection. A great introduction to our Staff, Peers and Community

- Meet at Networks Ministries at 3:00pm

• **WALK IN THE PARK**

• **DISC GOLF**



◆ Subject to change ◆  
◆ Only Available through Registration ◆

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## Saturday

### 10:00 AM - NOON POSITIVE PARENTING

Sign up for the Seeds of Wisdom program, where you can learn new parenting and communication skills

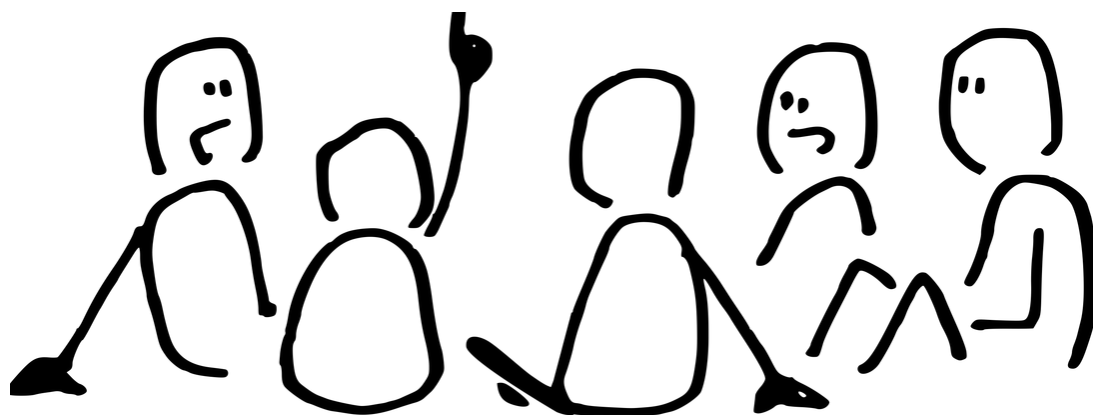
#### 6-Session Program

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### 1:00 - 2:00 PM

#### ALL PATHWAYS MEETING

A mutual support meeting from all walks of recovery. Share stories, explore different perspectives, and build connections through open, real and honest conversations



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The Junction NorthEast

## Sunday

### 10:00 AM - NOON

#### INDIGENOUS CULTURAL SUPPORT

Connect, Learn and Heal. Experience traditional Pipe, Blanket and Burning Bundle Ceremonies in a safe and respectful space

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### 1:00 - 4:00 PM

#### SWEAT CEREMONY

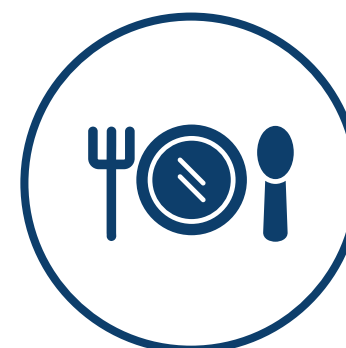
A time for healing, prayer and connection. Experience this sacred tradition in a welcoming, respectful place

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### 4:00 - 6:00 PM

#### COMMUNITY POTLUCK

Stay after the Sweat Ceremony for good food, good company and good spirits



**JUN**   
**CTION** **COMMUNITY**  
**CENTRE**  
**NORTHEAST**



 Subject to change 

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