


# APR 2026

 **Networks Ministries,**  
10500 13 St. Dawson Creek, BC

 **(250)-806-1900**

 **JunctionBC.ca/Northeast**

 **Junction.NE@northwindwc.ca**

 **Follow us on Facebook at: The Junction NorthEast**



## WEDNESDAY


**12:00 - 1:00 PM** 

### ALL PATHWAYS MEETING

A mutual support meeting from all walks of recovery. Share stories, explore different perspectives, and build connections through open, real and honest conversations

**2:00 - 2:30 PM** 

Meditation and prayer to support spiritual balance and healing

**2:30 - 4:30 PM** 

**MINDFUL YOGA**  
Stretch, breathe, and relax in our beginner-friendly yoga class. Learn simple poses, and find calm through gentle movements



Junction North East is a space for 19+ adults seeking wellness or recovery from substance use.

## THURSDAY

**1:00 - 2:00 PM** 

**MEDITATION AND PRAYER**  
Meditation and prayer to support spiritual balance and healing

**2:00 - 3:30 PM**  
**BUILDING BACK COFFEE & CHAT**  
Come join us for Coffee, Snacks & Connection. A great introduction to our Staff, Peers and Community


- **APR 2<sup>ND</sup> - GAMES**
- **APR 9<sup>TH</sup> - ARTS & CRAFTS**
- **APR 16<sup>TH</sup> - MOVIE NIGHT**
- **APR 23<sup>RD</sup> - GAMES**
- **APR 30<sup>TH</sup> - ARTS & CRAFTS**



## FRIDAY

**10:00 - 11:00 AM** 

**SMART RECOVERY**  
Join our self-empowering support group to create a balanced and meaningful life


**1:00 - 4:00 PM** 

**EQUINE THERAPY**  
Help improve your emotional, physical and psychological well-being by learning about and spending time with horses  
**6-Session Program**




**3:30 - 4:30 PM** 

**BUILDING BACK COFFEE & CHAT**  
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 **Subject to change**   
 **Only Available through Registration** 

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## Saturday

**10:00 AM - NOON** ★

**POSITIVE PARENTING**



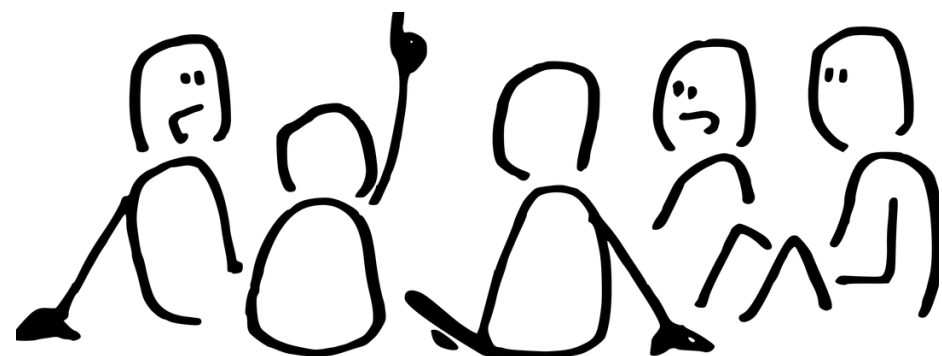
Sign up for the Seeds of Wisdom program, where you can learn new parenting and communication skills

**6-Session Program**

**1:00 - 2:00 PM**

**ALL PATHWAYS MEETING**

A mutual support meeting from all walks of recovery. Share stories, explore different perspectives, and build connections through open, real and honest conversations



## Sunday

**10:00 AM - NOON** ★

**INDIGENOUS CULTURAL SUPPORT**

Connect, Learn and Heal. Experience traditional Pipe, Blanket and Burning Bundle Ceremonies in a safe and respectful space

**1:00 - 4:00 PM** ★

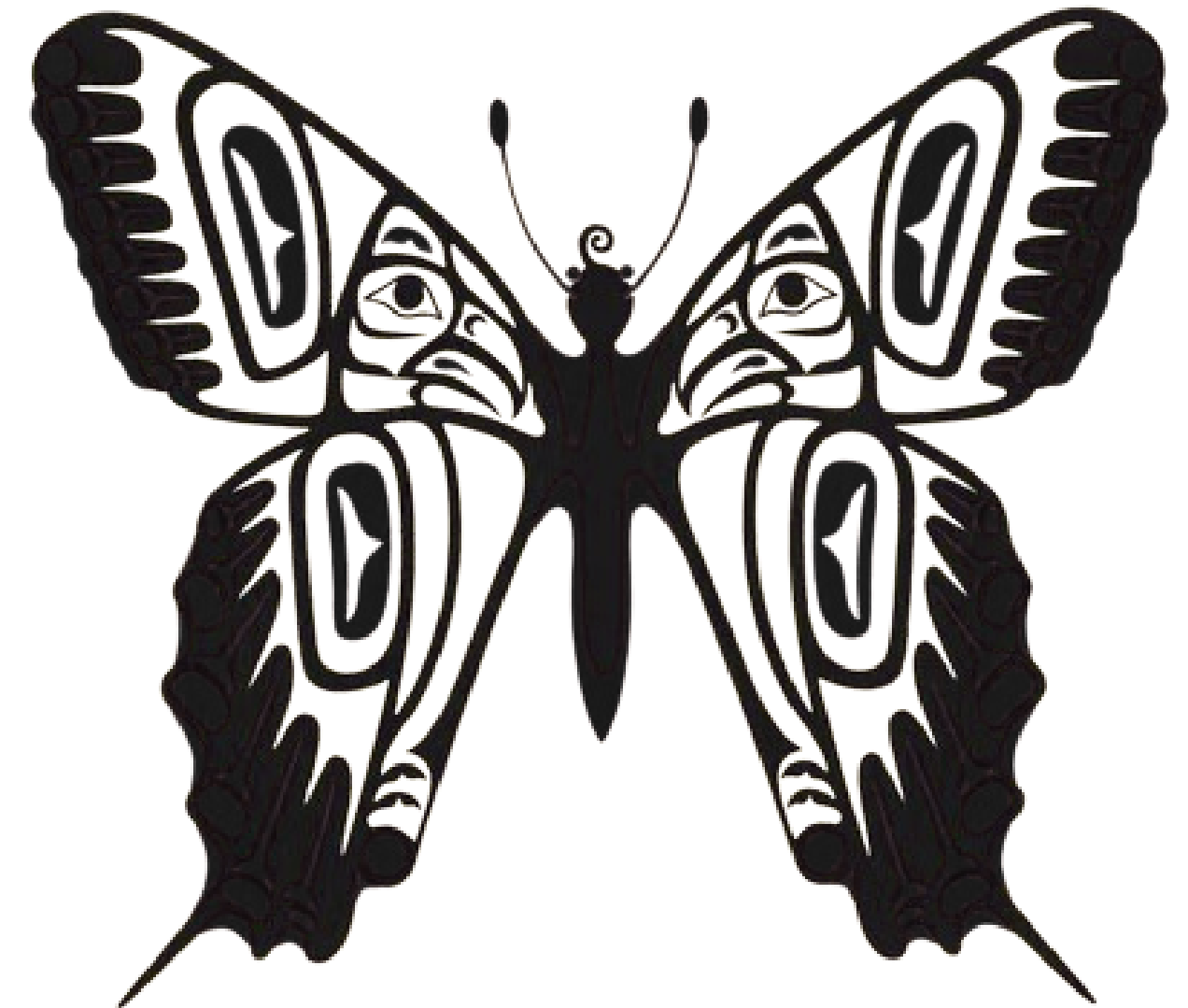
**SWEAT CEREMONY**

A time for healing, prayer and connection. Experience this sacred tradition in a welcoming, respectful place

**4:00 - 6:00 PM**

**COMMUNITY POTLUCK**

Stay after the Sweat Ceremony for good food, good company and good spirits



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