

# APR 2026

 102-32463 Simon Ave, Abbotsford BC



604-851-3754



JunctionBC.ca/Abbotsford



JunctionAbbotsford@fraserhealth.ca



A place to **share, belong, and heal.**

**Heads Up!**  
We are closed on  
April 3 & April 6-7

## TUESDAY

### 3PM - 4PM

#### ART EXPRESSION

Join us for therapeutic art, guided journaling, poetic reflection, and creative vibes.

Junction Office



### 4PM - 6PM

#### BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

### INTAKE DROP-IN

DAY, EVENING, WEEKEND PROGRAM  
EVERY MON | 12PM - 3PM

Interested in group-based support through a community-based substance use program? Drop-in to sign up.

## WEDNESDAY

### 12PM - 2PM

#### BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

### 2PM - 3:30PM

#### TRAIL WALK

Meet us at the Junction office to explore a new trail each week in Abbotsford.

**Weather permitting.**

Junction Office



### 4PM - 5PM

#### SMART RECOVERY

online



Join our self-empowering support group to create a balanced and meaningful life.

Register by calling DEW Intake (604.585.5610) or attending intake drop-in on Mondays.

## THURSDAY



### 10:30AM - 11:30AM

#### SMART RECOVERY

Register by calling DEW Intake (604.585.5610) or attending intake drop-in on Mondays.

In-person



### 12:15PM - 1:30PM

#### GENTLE MOVEMENT

A space for movement and relaxation exercises to support wellness and recovery.

ASAA Hall: 2631 Cyril St



### 4PM-6PM

#### BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

  
Call, email, or drop-in to sign up

SCAN HERE FOR ALL LINKS



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**JUNCTION** COMMUNITY CENTRE ABBOTSFORD

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## FRIDAY

### 12PM - 1:30PM SMUDGE AND FEATHER

Explore recovery and wellness from an Indigenous perspective.



Junction Office

### 2:30PM - 3:30PM ALL PATHWAYS

A mutual recovery support meeting to share stories and build connection.

ASAA Hall: 2631 Cyril St

### ★ 4PM - 5:30PM AMPLIFY

- Mar 6: Pass the Aux
- Mar 13: Rhyme & Flow
- Mar 20: Open Mic
- Mar 27: Soft Jam

ASAA Hall: 2631 Cyril St

## SATURDAY

### ★ 12:30PM - 3:30PM HAPPIER HOUR

ASAA Hall: 2631 Cyril St

- |  |  |
|--|--|
| <b>04</b> APR Perogies, Cabbage Rolls & Rice Dyed Eggs | <b>18</b> APR Chicken Dinner & Snack Pong      |
| <b>11</b> APR Build Your Own Subs & Kintsugi           | <b>25</b> APR Hotdogs, Marshmallows & Campfire |

🚨 *On April 25, We'll meet at Cyril, then head out to the campfire together.*

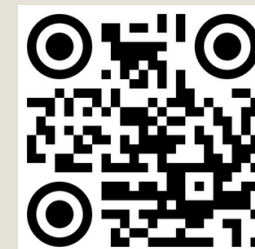
### 5PM - 6PM ALL PATHWAYS

online

### Virtual All-Pathways

Sat | 5PM - 6PM  
Meeting ID: 221 658 615 886 9  
Passcode: ey3wt9yx

MICROSOFT TEAMS LINK



## DID YOU KNOW?

### ☀️ OFFICE HOURS

Tuesday to Saturday  
12PM - 4PM

On Saturdays we will be at ASAA Hall, 2631 Cyril St

### QUESTIONS ABOUT INCOME ASSISTANCE OR BENEFITS?

Meet with a MSDPR Community Integration Specialist at the **Junction office.**

No appointment needed.

**Every Thursday**  
1PM - 3PM

