

MAR 2026

 **Networks Ministries,
10500 13St, Dawson Creek, BC**

 **(250)-806-1900**

 **JunctionBC.ca/Northeast**

 **Junction.NE@northwindwc.ca**

 **Follow us on Facebook at: The Junction NorthEast**

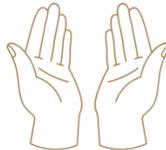


WEDNESDAY

12:00 - 1:00PM 

ALL PATHWAYS MEETING

A mutual support meeting from all walks of recovery. Share stories, explore different perspectives, and build connections through open, real and honest conversations

2:00 - 2:30PM
MEDITATION & PRAYER 

Meditation and prayer to support spiritual balance and healing

2:30 - 4:00PM
MINDFUL YOGA 

Stretch, breathe, and relax in our beginner-friendly yoga class. Learn simple poses, and find calm through gentle movements

Junction North East is a space for 19+ adults seeking wellness or recovery from substance use.

THURSDAY

1:00 - 2:00PM
MEDITATION AND PRAYER 

Meditation and prayer to support spiritual balance and healing

2:00 - 3:30PM
BUILDING BACK COFFEE & CHAT
Come join us for Coffee, Snacks & Connection. A great introduction to our Staff, Peers and Community



FRIDAY

10:00 - 11:00AM
SMART RECOVERY 

Join our self-empowering support group to create a balanced and meaningful life

1:00 - 4:00PM 
EQUINE THERAPY 

Help improve your emotional, physical and psychological well-being by learning about and spending time with horses

6-Session Program

3:30 - 4:30PM 

BUILDING BACK COFFEE & CHAT
Come join us for Coffee, Snacks & Connection. A great introduction to our Staff, Peers and Community

Only Available through Registration 

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Saturday

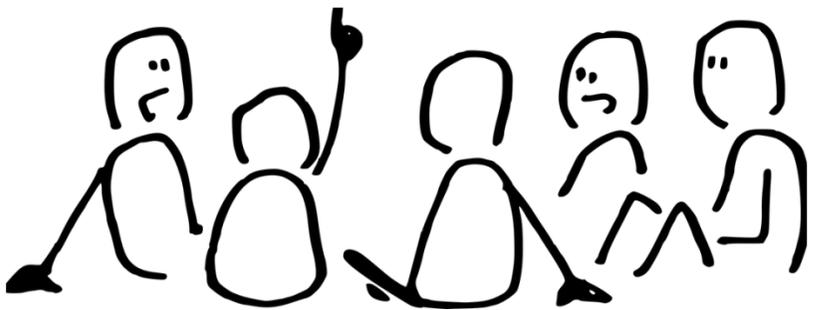
10:00AM - NOON  
POSITIVE PARENTING

Sign up for the Seeds of Wisdom program, where you can learn new parenting and communication skills

6-Session Program

1:00 - 2:00PM
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Sunday

10:00AM - NOON 
INDIGENOUS CULTURAL SUPPORT

Connect, Learn and Heal. Experience traditional Pipe, Blanket and Burning Bundle Ceremonies in a safe and respectful space

1:00 - 4:00PM 
SWEAT CEREMONY

A time for healing, prayer and connection. Experience this sacred tradition in a welcoming, respectful place

4:00 - 5:00PM
COMMUNITY POTLUCK

Stay after the Sweat Ceremony for good food, good company and good spirits

