

FEB 2026



Networks Ministries,
10500 13St, Dawson Creek, BC



(250)-806-1900



JunctionBC.ca/Northeast



Junction.NE@northwindwc.ca



Follow us on Facebook at: The Junction NorthEast



WEDNESDAY

1:00 - 2:00PM

MEDITATION AND PRAYER

Meditation and prayer to support spiritual balance and healing



2:30 - 4:00PM

MINDFUL YOGA

Stretch, breathe, and relax in our beginner-friendly yoga class. Learn simple poses, and find calm through gentle movements.



4:00 - 5:30PM



BUILDING BACK COFFEE & CHAT

Come join us for Coffee, Snacks & Connection. A great introduction to our Staff, Peers and Community.

Junction North East is a space for 19+ adults seeking wellness or recovery from substance use.

THURSDAY

1:00 - 2:00PM

MEDITATION AND PRAYER

Meditation and prayer to support spiritual balance and healing



2:00 - 3:30PM

BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

3:30 - 5:30PM

ARTS & CRAFTS

Unwind and create in our drop-in Art Class. Use the space to relax, paint, or finish your own craft project. A calming, creative session - perfect for all skill levels.



FRIDAY

10:00 - 11:00AM

SMART RECOVERY

Join our self-empowering support group to create a balanced and meaningful life.



1:00 - 4:00PM

EQUINE THERAPY

Help Improve your emotional, physical and psychological well-being by spending time and learning about horses
(6 session program)



4:30 - 5:30PM

ALL PATHWAYS MEETING

A mutual support meeting from all walks of recovery. Share stories, explore different perspectives, and build connections through open and real conversations real connection

FEB 2026

 **Networks Ministries,**
10500 13St, Dawson Creek, BC



(250)-806-1900



JunctionBC.ca/Northeast



Junction.NE@northwindwc.ca



Follow us on Facebook at: The Junction NorthEast

JUN **CTION** **COMMUNITY**
CENTRE
NORTHEAST

Saturday

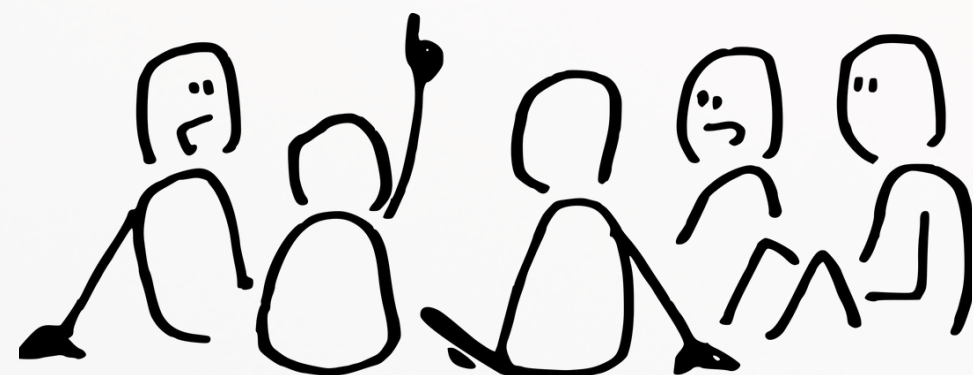
10:00AM - NOON
POSITIVE PARENTING



Sign up for the Seeds of Wisdom program, where you can learn new parenting and communication skills **(6 Week Program)**

.....
1:00 - 2:00PM
ALL PATHWAYS MEETING

A mutual support meeting from all walks of recovery. Share stories, explore different perspectives, and build connections through open and real conversations and real connection



Sunday

10:00AM - NOON
INDIGENOUS CULTURAL SUPPORT

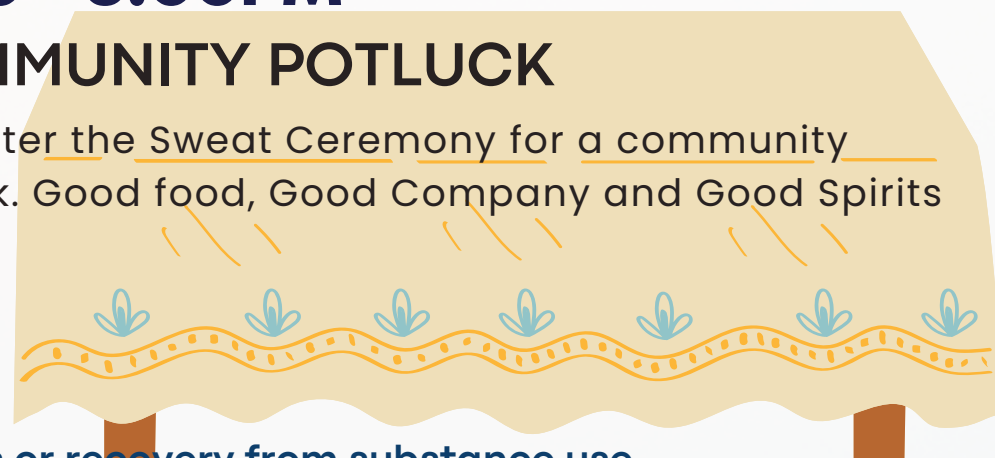
Connect, Learn and Heal. Experience traditional Pipe, Blanket and Burning Ceremonies in a safe and respectful space

.....
1:00 - 4:00PM
SWEAT CEREMONY

A time for healing, prayer and connection. Experience this sacred tradition in a welcoming, respectful place.

.....
4:00 - 5:00PM
COMMUNITY POTLUCK

Stay after the Sweat Ceremony for a community potluck. Good food, Good Company and Good Spirits



Junction North East is a space for 19+ adults seeking wellness or recovery from substance use.