

FEBRUARY 2026

RLL Robert & Lily Lee - 1669 E Broadway

3B 3 Bridges - 1128 Hornby St.

312 312 Main St.

CLOSED
MON, FEB 16TH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 Bridges-1128 Hornby 12:00-2:00PM 3 Bridges- Rm 215 BUILDING BACK	Robert & Lily Lee 4:30-5:30PM RLL- Rm 223 MINDFUL MUSINGS	Robert & Lily Lee 12:00-2:00PM RLL- 3rd Floor NAVIGATOR DROP-IN 1:30-3:00PM 312 Main St. SMUDGE & FEATHER 18 Feb 3:30-6:00PM 312 Main St. EAGLE CEREMONY 6:00-7:00PM RLL-RM 226 NAVIGATING RECOVERY	3 Bridges 12:00-2:00PM 3 Bridges - Rm 215 BUILDING BACK	Robert & Lily Lee 5:00-7:00PM RLL- Rm 223 HAPPIER HOUR 6 Feb Poetry Café 13 Feb 90's Romcom Movie Night 20 Feb Chosen Family Feud 27 Feb Open Mic -Black History Month	Robert & Lily Lee 11:00AM-12:00PM RLL- Rm 223 YOGA WITH MELISSA 2:00-4:00PM RLL- Rm 223 MUSIC MAKERS 5:00-6:00PM RLL- Rm 223 ALL-PATHWAYS
2:30-4:00PM 3 Bridges - Rm 215 ART EXPRESSIONS	6:00-7:00PM RLL- Rm 223 ALL-PATHWAYS	4:30-5:30PM RLL- Rm 223 2SLGBTQIA+ ALL-PATHWAYS			
4:30- 5:30PM 3 Bridges - Rm 215 ALL-PATHWAYS					

★ ONLINE ALL-PATHWAYS MEETINGS

6:00PM-7:00PM | MON/ TUES/ WED/ THURS/ SAT

Meeting ID: 244 730 7088

Passcode: 280265

vancouvercoastalhealth.zoom.us/j/2447307088



Zoom

Need credits for the
CORE? Look for this
star!



junctionbc.ca/vancouver
604-812-3139 10AM-5PM

vancouverjunction@vch.ca

1669 East Broadway

1128 Hornby Street

312 Main St.

Scan me for
more resources!



What is the Junction?

A place to share, belong and heal. We support people wherever they are on their recovery journey.

The Junction is a new type of Recovery Community Centre that helps participants build recovery capital, which is the total of their personal, social and community resources.

Our community consists of people 19+ who self-identify as maintaining or seeking recovery or wellness from substance use.

The Junction is here to support people who are:

- Starting to think about recovery from substances (drugs and/or alcohol)
- Wanting to start substance use recovery and are in need of connection to recovery services
- Waiting for a withdrawal management bed, currently in treatment or transitioning between services
- Dealing with a recent return to use and are wanting support
- Family, friends, or partners of someone who uses substances
- Stable in their recovery and looking for a fun, safe place to continue their recovery journey

Group Descriptions

All-Pathways - Junction's flagship inclusive mutual support groups for anyone who is in recovery from substance use and/or is seeking or maintaining a wellness and recovery lifestyle. The Last Tuesday of Each month is a Milestones Themed meeting- Yes, there will be cake!

All-Pathways: 2SLGBTQ+ This flavor of All Pathways is specifically for individuals who self-identify as queer, trans, and/or Two-Spirit. Topics will explore the intersectional space between queerness and recovery through an all-pathways lens. We love our allies & respectfully ask they attend general All-Pathways meetings.

All-Pathways: Good Grief - A space for community to better understand their grief. We provide space to move from pain to healing in a non-judgmental and compassionate environment.

Art Expressions - A creative group that uses art and expression to support emotional growth and healing. Each week offers a new activity—no artistic skills required. Art Expressions focuses on the process, not the product.

Building Back - An open drop-in space designed for our community to share, belong and heal. Grab some coffee, snacks, games, and maybe even some connection! This is a great intro to our staff, peers & community.

Happier Hour - Junction believes that holistic recovery includes having a good time! We encourage participants to join an ever-changing variety of activities like karaoke, trivia, bowling, games, and movies!

Mindful Musings - A safe space to practice a variety of mindfulness techniques, such as guided meditation, journaling, sound baths, and breathing exercises

Music Makers - In a 4-week rotation, participants are given the opportunity to share meaningful songs, explore the variety of musical instruments we have available, take part in a range of workshops, and collaborate on group performances. No experience required!

Navigating Recovery - Navigating Recovery, a 4-session psycho-educational group where we discuss various terms, definitions, wellness, and recovery pathways to those seeking to understand more about what options are available to choose from.

Navigating Within - A continuation of Navigating Recovery, participants are offered the opportunity to discover their own voice by delving into their mind and finding directions to navigate their journey.

Navigator Drop-in - Come and meet individually with one of our Recovery Navigators to discuss wellness and recovery goals and/or to connect with services in your community.

Smudge & Feather - Join us at 312 Main St for a Smudge and feather passing while we discuss recovery & spirituality from an Indigenous perspective.

Yoga - A body & mind practice that combines movement, meditation, and breathing. Our instructors lead sessions from a trauma-informed and accessibility mindset. Leave your mat at home, we've got all the gear!