

# February 2026

## TUESDAYS

### INTRO-SPECTIONS OPEN GROUP

9am-11 am

Support group for those affected by the substance use of loved ones

### BUILDING BACK COFFEE & CHAT

12pm-2pm

In recovery? Curious about recovery?  
Stop by for a coffee and chat

### TUNE INTO RECOVERY

2pm-4pm

Musical Jam session for all skill levels  
(Keyboard, guitars, etc.)

## WEDNESDAYS

### ONE TO ONE MEETINGS

10:30 am-12:30 pm

Confidential sessions with recovery staff  
(Appointment required)

### ALL PATHWAYS OPEN MEETING

IN PERSON AT THE HOPE JUNCTION

12:30pm-1:30pm

Recovery support group

### CRAFTY CORNER

2pm-4pm

Various art/craft projects for all  
skill levels in a recovery-focused environment

## INTERESTED IN FINDING OUT MORE?

### COME TO OUR BUILDING BACK COFFEE & CHAT

We can answer all your questions about what The Hope Junction has to offer and sign you up for our events

## ONLINE ALL PATHWAYS OPEN MEETING

5 PM TO 6 PM FRIDAYS & SATURDAYS

HOSTED BY ABBOTSFORD JUNCTION ON MICROSOFT TEAMS  
(No account required) Meeting ID: 221 658 615 886 9

Password: ey3wt9yx



## THURSDAYS

### MORNING MINDFUL-BLISS

9am-10am

Learn and practice mindful meditation skills  
(registration required)

### ALL PATHWAYS OPEN MEETING

IN PERSON AT THE HOPE JUNCTION

10:30 am-11:30 am

Recovery support group

### INTRO TO NAVIGATING RECOVERY

12 pm-1 pm

Introduction & sign up for our 4 part  
Navigating Recovery series

### HAPPIER HOUR

2pm-4pm

Socialize with weekly themes and do recovery together  
(Games, music, etc.)

## FRIDAYS

### THE HOPE JUNCTION AT SPUZZUM FIRST NATION

#### CRAFTY CORNER

11am-1pm

Bringing the Hope Junction services to the Fraser  
Canyon

### THE HOPE JUNCTION AT BOSTON BAR CANYON LANES

#### CRAFTY CORNER

2pm-4pm

Bringing the Hope Junction services to the Fraser  
Canyon



895 3<sup>RD</sup> AVE  
UNIT C (STREET LEVEL)  
HOPE, BC



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604-869-6338  
604-869-1292

**CLOSED**

Feb 17th Closed

Feb 26th Closed