

February 2026

TUESDAYS

INTRO-SPECTIONS OPEN GROUP

9am-11 am

Support group for those affected by the substance use of loved ones

BUILDING BACK COFFEE & CHAT

12pm-2pm

In recovery? Curious about recovery?
Stop by for a coffee and chat

TUNE INTO RECOVERY

2pm-4pm

Musical Jam session for all skill levels
(Keyboard, guitars, etc.)

INTERESTED IN FINDING OUT MORE?

COME TO OUR BUILDING BACK COFFEE & CHAT

We can answer all your questions about what The Hope Junction has to offer and sign you up for our events

WEDNESDAYS

ONE TO ONE MEETINGS

10:30 am-12:30 pm

Confidential sessions with recovery staff
(Appointment required)

ALL PATHWAYS OPEN MEETING

IN PERSON AT THE HOPE JUNCTION

12:30pm-1:30pm

Recovery support group

CRAFTY CORNER

2pm-4pm

Various art/craft projects for all skill levels in a recovery-focused environment

ONLINE ALL PATHWAYS OPEN MEETING

5 PM TO 6 PM FRIDAYS & SATURDAYS

HOSTED BY ABBOTSFORD JUNCTION ON MICROSOFT TEAMS
(No account required) Meeting ID: 221 658 615 886 9
Password: ey3wt9yx

THURSDAYS

MORNING MINDFUL-BLISS

9am-10am

Learn and practice mindful meditation skills
(registration required)

ALL PATHWAYS OPEN MEETING

IN PERSON AT THE HOPE JUNCTION

10:30 am-11:30 am

Recovery support group

INTRO TO NAVIGATING RECOVERY

12 pm-1 pm

Introduction & sign up for our 4 part
Navigating Recovery series

HAPPIER HOUR

2pm-4pm

Socialize with weekly themes and do recovery together
(Games, music, etc.)

FRIDAYS

THE HOPE JUNCTION AT SPUZZUM FIRST NATION

CRAFTY CORNER

11am-1pm

Bringing the Hope Junction services to the Fraser
Canyon

THE HOPE JUNCTION AT BOSTON BAR CANYON LANES

CRAFTY CORNER

2pm-4pm

Bringing the Hope Junction services to the Fraser
Canyon



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UNIT C (STREET LEVEL)
HOPE, BC



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CLOSED

Feb 17th Closed

Feb 26th Closed