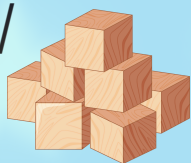


Tuesday

Writer's Block w/
Shannon
1:00pm-2:30pm
(creative journaling)



**Building Back Coffee &
Chat 3:00-5:00pm**

Dinner
at 5pm



All-Pathways at 6pm
Hybrid

Friday

Art Expressions w/ Kate
11:00a - 12:30pm

Process Group w/ Roz
11:30a - 1pm

Intro to DBT w/ Roz
1:30 - 3:00pm

Happier Hour 3-5pm
(reverse for details)



Wednesday

**Building Back Coffee &
Chat 12:30pm-2:30pm**

2SLGBTQIA+ All-
Pathways at 2pm



Music Makers w/ Kerstie
3pm-5pm

Cozy movies at 5pm
Chosen family faves, cocoa
and snacks.

Saturday

**Drop-in Recovery
Navigation 10am-12pm**

All-Pathways at 12pm

Trauma-Informed Yoga
& Movement at 1pm

**Building Back Coffee &
Chat 2pm-5pm**

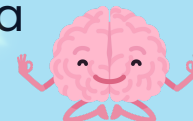
Thursday

Smudge & Feather:
sharing circle starts at
10am



Indigenous Centered
Activities with Jess and
Friends - 11:30a - 2pm

Chill Skills w/ Tina
2:30pm-4pm



Want to know more?!

Let's CHAT!

Call: 604-256-8979

Text: 778-789-0643

Email:

**junctionnorthshore@lookout
society.ca**

Come see us at:

**1645 Lonsdale Avenue, North
Vancouver**



Lookout
Housing + Health Society

JUNCTION
COMMUNITY
CENTRE
NORTH SHORE

**J
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R
Y**

Tuesday Dinners

January 6: Pulled pork/Chicken sandos with coldslaw & tater wedges!



January 13: Breakfast for dinner. (scram, hash, pancakes, fruit)

January 20: Wings & Things: Smokies, Wings & Mac Salad!



January 27: Greek chicken, rice pilaf, Greek salad & Lemon/herb Taters!

HEAL FROM HOME

or on the go!

Virtual All-Pathways Meeting

- Mondays, Tuesdays*, Wednesdays, Thursdays, Saturdays
**hosted by NSJ after Tuesday Dinner*



<https://vancouvercoastalhealth.zoom.us/junctionallpathways>

MEETING ID: 244 730 7088

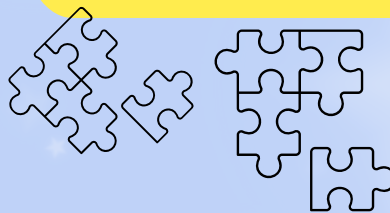
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January 2: BINGO - Be part of the legacy!
Putting the fun in Jfunction since 2025!

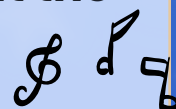
January 9: Become one with the Puzzle
A Very cool and inclusive Art project.

January 16: Soup' N Stories



January 23: The Junction gets crafty - crafts at the Junction - more details TBA

January 30: Winter Karaoke Extravaganza!



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