

Tuesdays

Writer's Block w/
Shannon 1pm-2:30pm
(creative journaling)

**Pre-Dinner Games at
3pm**

Dinner at 5pm



All-Pathways *Hybrid*
at 6pm

Wednesdays

**Indoor Outdoor Games
12:30pm-2:30pm**

2SLGBTQIA+ All-
Pathways at 2pm

Music Makers w/ Kerstie
3pm-5pm



Cozy movies at 5pm

Thursdays

Smudge & Feather at
10am

with Cultural Activities
at 11:30am

Chill Skills w/ Tina
2:30pm-4pm



All-Pathways at 4pm

Fridays

**Building Back Coffee &
Chat 10am-1pm**

Process Group w/ Roz at
11:30am

Intro to DBT w/ Roz at
1:30pm

Happier Hour at 3pm

Saturdays

**Drop-in Recovery
Navigation 10am-12pm**

All-Pathways at 12pm

Trauma-Informed Yoga
& Movement at 1pm

**Building Back Coffee &
Chat 2pm-5pm**



**Call: 604-256-8979
Text: 778-789-0643**

**Email: [junctionnorthshore
@lookoutsociety.ca](mailto:junctionnorthshore@lookoutsociety.ca)**

**Visit us: 1645 Lonsdale
Avenue, North Vancouver**



Lookout
Housing + Health Society

JUNCTION

COMMUNITY
CENTRE
NORTH SHORE

DECEMBER

Tuesday Dinner

December 2: Chicken Caesar Wraps

December 9: Baked Broccoli Mac & Cheese

December 16: Burrito Bowls

December 23: HOLIDAY DINNER!

December 30: Lasagna w/ Caesar Salad & Garlic Bread

Happier Hour

December 5: BINGO

December 12: Christmas family Feud

December 19: Gingerbread Houses & Cookies

December 26: Karaoke & Open Mic



Heal from home!

Virtual All-Pathways Meetings
6pm - 7pm

- Mondays, Tuesdays*, Wednesdays, Thursdays, Saturdays
 - **hosted by NSJ*

<https://vancouvercoastalhealth.zoom.us/junctionallpathways>

MEETING ID: 244 730 7088
PASS CODE : 280265



HOLIDAY EVENTS!

**Dec 3rd Ceramics @
Art Studios**

**Dec 17th: Canyon Lights @
Capilano Suspension Bridge**



DECEMBER