

December 2025

TUESDAYS

INTRO-SPECTIONS OPEN GROUP

9am-11 am
Support group for those affected by the substance use of loved ones

BUILDING BACK COFFEE & CHAT

12pm-2pm In recovery? Curious about recovery? Stop by for a coffee and chat

TUNE INTO RECOVERY

2pm-4pm
Musical Jam session for all skill levels
(Keyboard, guitars, etc.)

HOLIDAY OPEN HOUSE DEC 18TH

COME TO THE HOPE JUNCTION DEC 18TH 1 PM TO 4 PM

Join us for Holiday Movies, Games, Prizes, Hot Cocoa Station, Treats, and Festive Tunes!

WEDNESDAYS

ONE TO ONE MEETINGS

10:30 am-12:30 pm
Confidential sessions with recovery staff
(Appointment required)

ALL PATHWAYS OPEN MEETING

IN PERSON AT THE HOPE JUNCTION
12:30pm-1:30pm
Recovery support group

CRAFTY CORNER

2pm-4pm
Various art/craft projects for all
skill levels in a recovery-focused environment

ONLINE ALL PATHWAYS OPEN MEETING

5 PM TO 6 PM FRIDAYS & SATURDAYS
HOSTED BY ABBOTSFORD JUNCTION ON MICROSOFT TEAMS

Meeting ID: 221 658 615 886 9 Password: ey3wt9yx





December 2025



THURSDAYS

MORNING MINDFUL-BLISS

9:30 am-10:30 am
Learn and practice mindful meditation skills
(registration required)

ALL PATHWAYS OPEN MEETING

IN PERSON AT THE HOPE JUNCTION 10:30 am-11:30 am Recovery support group

INTRO TO NAVIGATING RECOVERY

12 pm-1 pm Introduction & sign up for our 4 part Navigating Recovery series

HAPPIER HOUR

2pm-4pm
Socialize with weekly themes and do recovery together
(Games, music, etc.)

FRIDAYS

THE HOPE JUNCTION AT SPUZZUM FIRST NATION

CRAFTY CORNER
11am-1pm
Bringing the Hope Junction services to the Fraser
Canyon

THE HOPE JUNCTION AT BOSTON BAR CANYON LANES

CRAFTY CORNER

2pm-4pm

Bringing the Hope Junction services to the Fraser
Canyon



895 3RD AVE UNIT C (STREET LEVEL) HOPE, BC



604-869-6338 604-869-1292



Dec 11th Closed

Dec 10th Closed

CLOSED



hopejunction@cedarstrong.org



Dec 25th until Jan 5th Closed