

# January



**HEADS UP!**  
We're closed  
January 1

The Cariboo Junction offers community recovery supports for people who use substances and their loved ones. Open to anyone 19+.

3<sup>rd</sup> Floor - 540 Borland Street, Williams Lake CaribooJunction@interiorhealth.ca 250-302-5022 junctionbc.ca

## TUESDAYS

### BUILDING BACK COFFEE & CHAT

Are you in recovery? Curious about recovery? Join our Peer team for coffee and connection!

WEEKLY

12-1 P.M.

BOITANIO PARK OR SALLY ANN PARKING LOT

### FRIENDS & FAMILY DROP-IN

A welcoming space for anyone who supports a loved one who uses substances. Join our family Peer supporters for community, conversation, and shared learning.

EVERY 3<sup>RD</sup> TUESDAY OF THE MONTH

6:00-7:30 P.M.

JUBILEE CLUBHOUSE - 113 4 AVE NORTH (DOWNSTAIRS)

## WEDNESDAYS

### WOMEN'S GROUP

A supportive space for people seeking support with substance use recovery. This group welcomes women and anyone who connects with womanhood or feminine identity.

WEEKLY

2:30-3:30 P.M.

MHSU MAIN OFFICE - 487 BORLAND ST

### SMART RECOVERY

A judgement-free drop-in support group for people seeking change with any addictive behaviour.

WEEKLY

3-4 P.M.

JUNCTION MAIN OFFICE



## FRIDAYS

### SMART RECOVERY

A judgement-free drop-in support group for people seeking change with any addictive behaviour.

WEEKLY

6-7 P.M.

JUBILEE CLUBHOUSE - 113 4 AVE NORTH (DOWNSTAIRS)



## OTHER SERVICES

### 1:1 RECOVERY NAVIGATION AND PEER SUPPORT

Meet individually with our substance use clinician or with a Peer to discuss your goals and receive support connecting to services. Our Peers have lived and living experience with substance use and recovery.

### PEER OUTREACH

Our Peer team will be walking around the downtown core ready to connect, chat, and offer resources as needed. Come find us and say hi! Available Monday and Thursdays.

CONTACT  
US TO  
LEARN  
MORE!

# January

**JUNCTION** COMMUNITY  
CENTRE  
CARIBOO CONNECTIONS

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## UPCOMING EVENTS



# SACRED FIRE

An opportunity to gather and honor our loved ones.

*Please bring kindness, respect, and an open heart to ensure this is a supportive space for everyone.*

**JANUARY 22  
FROM 1 - 3 P.M.**

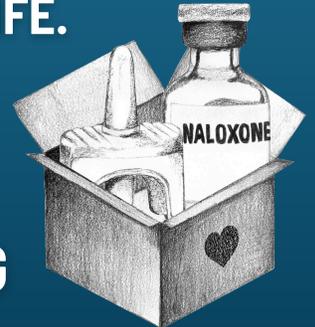
487 BORLAND ST  
FRONT LAWN

# IF YOU CARE, YOU'LL CARRY IT.

Learn how to prevent and respond to an opioid poisoning with naloxone.

## YOU CAN SAVE A LIFE.

Kits are available at the Junction main office.



## FREE TRAINING

Thursday, January 29

3 - 4 p.m.

Location TBD

## IMPORTANT DATES

- January 1 is New Year's Day!
- January 4 is National Ribbon Skirt Day and World Braille Day
- January 19 is Martin Luther King Jr Day
- January 21 is Lincoln Alexander Day
- January 24 is World Day for African and Afrodescendant Culture
- January 27 is International Holocaust Remembrance Day
- January 29 is National Day of Remembrance of the Quebec City Mosque Attack and Action against Islamophobia

