

December



HEADS UP!
We're closed
December
25 & 26

The Cariboo Junction offers community recovery supports for people who use substances and their loved ones. Open to anyone 19+.

3rd Floor - 540 Borland Street, Williams Lake CaribooJunction@interiorhealth.ca 250-302-5022 junctionbc.ca

TUESDAYS

BUILDING BACK COFFEE & CHAT

Are you in recovery? Curious about recovery? Join our Peer team for coffee and connection!

WEEKLY

12-1 P.M.

BOITANIO PARK OR SALLY ANN PARKING LOT

FRIENDS & FAMILY DROP-IN

A welcoming space for anyone who supports a loved one who uses substances. Join our family Peer supporters for community, conversation, and shared learning.

EVERY 3RD TUESDAY OF THE MONTH

6:00-7:30 P.M.

JUBILEE CLUBHOUSE - 113 4 AVE NORTH (DOWNSTAIRS)

WEDNESDAYS

WOMEN'S GROUP

A supportive space for people seeking support with substance use recovery. This group welcomes women and anyone who connects with womanhood or feminine identity.

WEEKLY

2:30-3:30 P.M.

MHSU MAIN OFFICE - 487 BORLAND ST

SMART RECOVERY

A judgement-free drop-in support group for people seeking change with any addictive behaviour.

WEEKLY

3-4 P.M.

JUNCTION MAIN OFFICE



FRIDAYS

SMART RECOVERY

A judgement-free drop-in support group for people seeking change with any addictive behaviour.

WEEKLY

6-7 P.M.

JUBILEE CLUBHOUSE - 113 4 AVE NORTH (DOWNSTAIRS)



OTHER SERVICES

1:1 RECOVERY NAVIGATION AND PEER SUPPORT

Meet individually with our substance use clinician or with a Peer to discuss your goals and receive support connecting to services. Our Peers have lived and living experience with substance use and recovery.

PEER OUTREACH

Our Peer team will be walking around the downtown core ready to connect, chat, and offer resources as needed. Come find us and say hi! Available Monday and Thursdays.

CONTACT
US TO
LEARN
MORE!

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UPCOMING EVENTS

ornaments of remembrance

We invite you to join us in creating an ornament in memory of someone important to you.

MONDAY, DECEMBER 15
1:00 - 2:00 PM
SALLY ANN DROP-IN

Ornaments can be kept or placed on our memory tree at the Cariboo Junction main office.

SACRED FIRE

An opportunity to gather and honor our loved ones.

Please bring kindness, respect, and an open heart to ensure this is a supportive space for everyone.

DECEMBER 11
FROM 1 - 3 P.M.

487 BORLAND ST
FRONT LAWN

IMPORTANT DATES

- December is Universal Human Rights Month
- December 1 is World AIDS Day
- December 2 is International Day for the Abolition of Slavery
- December 3 is International Day of Persons with Disabilities
- December 6 is National Day of Remembrance and Action on Violence Against Women
- December 10 is Human Rights Day
- December 14-22 is Hanukkah
- December 25 is Christmas
- December 26 - January 1 is Kwanzaa

