

604-851-3754



JunctionBC.ca/Abbotsford



JunctionAbbotsford@fraserhealth.ca





## TUESDAY WEDNESDAY THURSDAY

### 12PM - 1PM



102-32463 Simon Ave, Abbotsford BC

A mutual support group for those who self-identify as queer, trans, and/or two-spirit.

online

## 3PM - 4PM

#### ART EXPRESSION

Join us for therapeutic art, guided journaling, poetic reflection, and creative vibes.

**Junction Office** 

## **4PM - 6PM**

**BUILDING BACK COFFEE & CHAT** 

Drop-in for coffee, chats, and games!

**Junction Office** 

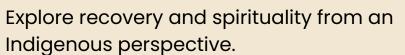
#### 12PM - 2PM

#### **BUILDING BACK COFFEE & CHAT**

Drop-in for coffee, chats, and games!

**Junction Office** 

# **2PM - 3:30PM**SMUDGE AND FEATHER



**Junction Office** 



# **4PM - 5PM**SMART RECOVERY

VERY

Join our self-empowering support group to create a balanced and meaningful life.

online



## 10:30AM - 11:30AM SMART RECOVERY



ASAA Hall: 2631 Cyril St



## **12:15PM - 1:30PM**GENTLE MOVEMENT

A space for movement and relaxation exercises to support wellness and recovery.

ASAA Hall: 2631 Cyril St

## 3PM-6PM

**BUILDING BACK COFFEE & CHAT** 

Drop-in for coffee, chats, and games!

**Junction Office** 



Call, email, or drop-in to sign up

SCAN HERE FOR ALL LINKS





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## **FRIDAY**

### **SATURDAY**

## 12PM - 2PM

#### **BUILDING BACK COFFEE & CHAT**

Drop-in for coffee, chats, and games! Our Indigenous Cultural Advisor will be available for drop-in conversation and support.

#### Junction Office

### 2:30PM - 3:30PM

#### **ALL PATHWAYS**

ASAA Hall: 2631 Cyril St

A mutual support meeting to share stories and build connection.



## 4PM - 5:30PM

**AMPLIFY** 

ASAA Hall: 2631 Cyril St

JAN 3: Pass the Aux

JAN 17: Soft Jam

JAN 10: Rhyme & Flow

JAN 24: Open Mic

**5PM - 6PM ALL PATHWAYS** 







## 12:30PM - 3:30PM **HAPPIER HOUR**

ASAA Hall: 2631 Cyril St



Breakfast Casserole & JAN Vision Board

Perogies & Music Trivia

Grilled Cheese + Tomato JAN Soup & Scattegories

25 Chilli & Table Games

**5PM - 6PM ALL PATHWAYS** 

online



## **Monday to Saturday**

12PM - 4PM

On Saturdays, we will be at **ASAA Hall, 2631 Cyril St** 

## **Online All Pathways** + SMART Recovery

All Pathways: Fri, Sat | 5PM - 6PM

**SMART Recovery:** Wed 4PM - 5PM

Meeting ID: 221 658 615 886 9

Passcode: ey3wt9yx





