

# DEC 2025

 102-32463 Simon Ave, Abbotsford BC



604-851-3754



[JunctionBC.ca/Abbotsford](https://JunctionBC.ca/Abbotsford)



[JunctionAbbotsford@fraserhealth.ca](mailto:JunctionAbbotsford@fraserhealth.ca)



**Heads Up!**  
We are closed on  
December 25-26, 29

## TUESDAY

### 12PM - 1PM

#### 2SLGBTQIA+ ALL PATHWAYS

A mutual support group for those who self-identify as queer, trans, and/or two-spirit.

online

### 3PM - 4PM

#### ART EXPRESSION

Join us for therapeutic art, guided journaling, poetic reflection, and creative vibes.

Junction Office

### 4PM - 6PM

#### BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

We will close at 5pm on December 16<sup>th</sup> to go ice skating. Sign-up to join!

Junction Office

## WEDNESDAY

### 12PM - 2PM

#### BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

### 2PM - 3:30PM

#### SMUDGE AND FEATHER

Explore recovery and spirituality from an Indigenous perspective.

Junction Office

### 4PM - 5PM

#### SMART RECOVERY

Join our self-empowering support group to create a balanced and meaningful life.

online

## THURSDAY

### 10:30AM - 11:30AM

#### SMART RECOVERY

ASAA Hall: 2631 Cyril St

### 12:15PM - 1:30PM

#### GENTLE MOVEMENT

A space for movement and relaxation exercises to support wellness and recovery.

ASAA Hall: 2631 Cyril St

### 3PM-6PM

#### BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office



Call, email, or  
drop-in to  
sign up

SCAN  
HERE  
FOR ALL  
LINKS



# DEC 2025

 102-32463 Simon Ave, Abbotsford BC



604-851-3754



[JunctionBC.ca/Abbotsford](https://JunctionBC.ca/Abbotsford)



[JunctionAbbotsford@fraserhealth.ca](mailto:JunctionAbbotsford@fraserhealth.ca)

**JUNCTION** COMMUNITY CENTRE  
ABBOTSFORD



**Heads Up!**  
We are closed on  
December 25-26, 29

## FRIDAY

**12PM - 2PM**

### BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games! Our **Indigenous Cultural Advisor** will be available for drop-in conversation and support.

**Junction Office**

**2:30PM - 3:30PM**

### ALL PATHWAYS

**ASAA Hall: 2631 Cyril St**

A mutual support meeting to share stories and build connection.

 **4PM - 5:30PM**  
**AMPLIFY**

**ASAA Hall: 2631 Cyril St**

**DEC 5:** Pass the Aux

**DEC 19:** Soft Jam

**DEC 12:** Rhyme & Flow

**5PM - 6PM**

### ALL PATHWAYS

**online**

## SATURDAY



**12:30PM - 3:30PM**

### HAPPIER HOUR

**ASAA Hall: 2631 Cyril St**

**06**  
DEC

Appies  
& Painting +  
Card Making

**13**  
DEC

Brunch &  
Holiday Bingo

**20**  
DEC

Ham Dinner &  
Holiday Movie

**27**  
DEC

Turkey Soup &  
Table Games

**5PM - 6PM**

### ALL PATHWAYS

**online**

**OFFICE  
HOURS**

**Monday to Saturday  
12PM - 4PM**

On Saturdays,  
we will be at

**ASAA Hall: 2631 Cyril St**



## COMING UP!

### Grief & Loss

Join us for a conversation on grief and loss, led by a Recovery Navigator.

**When?**

Dec 9  
1:30pm - 2:30pm

**Where?**

Virtual! Join using the online group link below. No registration required.

### Ice Skating

**When?**

Dec 16, 2025  
5:15pm - 6:30pm

**Where?**

ARC, 2499 McMillan Rd

RSVP required!

Call, email, or drop-in to let us know you're coming.

## Online All Pathways + SMART Recovery

All Pathways: Fri, Sat | 5PM - 6PM

Smart Recovery: Wed | 4PM - 5PM

Meeting ID: 221 658 615 886 9

Passcode: ey3wt9yx

**MICROSOFT  
TEAMS LINK**

