

NOV 2025

 102-32463 Simon Ave, Abbotsford BC



604-851-3754



JunctionBC.ca/Abbotsford



JunctionAbbotsford@fraserhealth.ca



Heads Up!
We are closed on
Tuesday, Nov 11.

TUESDAYS

12PM - 1:30PM ART EXPRESSION

Join us for therapeutic art, guided journaling, poetic reflection, and creative vibes.
No experience needed.

Junction Office

4PM - 5:30PM SPORTS CLUB

Join us to move and connect as we play sports in a local gymnasium.

Meet at Junction Office



WEDNESDAYS

12PM - 2PM BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

2PM - 3:30PM SMUDGE AND FEATHER

Explore recovery and spirituality from an Indigenous perspective. Connect, share, and learn in a supportive space.

Junction Office

*There will be no Smudge & Feather on **Nov 26**.*

4PM - 5PM SMART RECOVERY

Join our self-empowering and judgement-free support group to create a balanced life.

online

THURSDAYS

12:15PM - 1:30PM GENTLE MOVEMENT

A space for movement and relaxation exercises to support wellness and recovery.
Led by a Rec Therapist and Recovery Navigator.

ASAA Hall: 2631 Cyril St

2PM-4PM BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

5PM- 6PM ALL PATHWAYS

A mutual support meeting to share stories and build connection through open and real conversations.

online



Please call,
email, or
drop-in to
sign up

**SCAN
HERE
FOR ALL
LINKS**



Monday to Saturday
12PM - 4PM

Please note, on Saturdays
we will be at
ASAA Hall, 2631 Cyril St

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JUNCTION COMMUNITY CENTRE ABBOTSFORD

Heads Up!
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FRIDAYS



12PM - 2PM
AMPLIFY



No skill or experience required.

NOV 7: Pass the Aux

NOV 21: Soft Jam

NOV 14: Rhyme & Flow

NOV 28: Open Mic

ASAA Hall: 2631 Cyril St

2PM-4PM

BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

5PM- 6PM

ALL PATHWAYS

online

*No All Pathways
on **Nov 21**.
Come join us at
bowling!*

SATURDAYS



12:30PM - 3:30PM
HAPPIER HOUR

ASAA Hall: 2631 Cyril St

01
NOV

Tacos & Bingo

08
NOV

Spaghetti &
Games

15
NOV

Nachos &
Movie Trivia

22
NOV

Brunch &
Cartoons

29
NOV

Chilli & Crib
Tournament



5PM - 6PM

2SLGBTQIA+ ALL PATHWAYS

All Pathways for those who self-identify as queer, trans, and/or two-spirit. We'll explore how our identities & lived experience intersect with recovery in all its forms.

online

COMING UP:

BOWLING!

When?

Friday, Nov 21
5:30pm-7pm

Where?

Galaxy Bowl, 32490 Simon Ave

RSVP required!
Call, email, or drop-in to let us
know you're coming.

**CULTURAL
SUPPORT**

When?

Every Friday | 12pm - 2pm

Where?

Junction Office



Drop-in to connect
with our Indigenous
peer team for conversation
and cultural support.

Online All Pathways + SMART Recovery

All Pathways: Thurs, Fri, Sat | 5PM - 6PM

Smart Recovery: Wed | 4PM - 5PM

Meeting ID: 221 658 615 886 9

Passcode: ey3wt9yx

MICROSOFT
TEAMS LINK

