

CLOSED
MON, OCT 13TH

OCTOBER 2025 @THREE BRIDGES

1128 HORNBY ST.



 604.812.3139

 JUNCTIONBC.CA

 VANCOUVERJUNCTION@VCH.CA

MONDAYS

12-2PM BUILDING BACK COFFEE & CHAT -RM 215

DROP-IN FOR COFFEE, SNACKS, GAMES & CONNECTION.
GREAT INTRO TO OUR STAFF, PEERS & COMMUNITY

2:30-4PM ART EXPRESSIONS -RM 215 ★

COME JOIN US FOR SOME PEER-LED THERAPEUTIC ART PROJECTS!
ARTISTIC SKILL IS NOT A REQUIREMENT.

4:30-5:30PM ALL PATHWAYS MEETING -RM 215 ★

THIS IS OUR FLAGSHIP MUTUAL SUPPORT MEETING INCLUSIVE OF
ALL FLAVORS OF RECOVERY. JOIN OTHERS IN DISCUSSING VARIOUS
RECOVERY-RELATED TOPICS & FIND THE SUPPORT AND CONNECTION
AN ALL-PATHWAYS APPROACH CAN BRING.

THURSDAYS

12-4PM BUILDING BACK COFFEE & CHAT -RM 215

OPEN DROP-IN SPACE DESIGNED FOR OUR COMMUNITY TO SHARE, BELONG
AND HEAL. GRAB SOME COFFEE, SNACKS, GAMES, AND MAYBE EVEN SOME
CONNECTION! GREAT INTRO TO OUR STAFF, PEERS & COMMUNITY.

4:30-5:30PM 2SLGBTQIA+ ALL PATHWAYS -RM 215 ★



A MUTUAL SUPPORT MEETING FOR THOSE WHO SELF-IDENTIFY
AS QUEER, TRANS, AND/OR TWO-SPIRIT. TOPICS WILL
EXPLORE THE INTERSECTIONAL SPACE BETWEEN QUEERNESS
AND RECOVERY THROUGH AN ALL-PATHWAYS LENS.
**WE LOVE OUR ALLIES & RESPECTFULLY ASK ALLIES
TO ATTEND GENERAL AP MEETINGS.**

★ ONLINE ALL PATHWAYS MEETINGS

6PM-7PM | MON/ TUES/ WED/ THURS/ SAT

MEETING ID: 244 730 7088

PASSCODE: 280265

VANCOUVERCOASTALHEALTH.ZOOM.US/J/2447307088



Zoom

CLOSED
MON, OCT 13TH



= CORE
CREDIT
AVAILABLE

**CLOSED
MON, OCT 13TH**

OCTOBER @ROBERT & LILY LEE 1669 E BROADWAY



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| Tuesday | Wednesday | Friday | Saturday |
|--|---|--|--|
| <p> 4:30-5:30PM ZEN OUT -RM 223</p> <p>COME LEARN, PRACTICE, AND REFLECT ON VARIOUS MINDFULNESS & MEDITATION TECHNIQUES.</p> | <p>12-2PM -3RD FLOOR NAVIGATOR DROP-IN GET 1:1 SUPPORT ON YOUR RECOVERY JOURNEY</p> | <p>HAPPIER HOUR! 5-7PM (SEE BELOW)</p> | <p> 11AM-12PM YOGA WITH MELISSA RM 223 COME MEET OUR NEW INSTRUCTOR!</p> |
| <p>6PM-7PM ALL PATHWAYS MEETING -RM 223</p> <p>OUR FLAGSHIP MUTUAL SUPPORT MEETING INCLUSIVE OF ALL FLAVORS OF RECOVERY. *THE LAST TUESDAY OF EACH MONTH IS A MILESTONES THEMED MEETING- YES, THERE WILL BE CAKE!</p> | <p> 1:30PM - 3PM SMUDGE & FEATHER 312 MAIN ST.</p> <p> JOIN US AT 312 MAIN ST FOR SMUDGE & FEATHER PASSING WHILE WE DISCUSS RECOVERY & SPIRITUALITY FROM AN INDIGENOUS PERSPECTIVE.</p> | <p>OCT 3RD - BORED? GAMES! ENJOY A CHILL EVENING OF GAMES, RELAXING MUSIC, & FUN CONVERSATION</p> <p>OCT 10TH - POETRY CAFÉ LET'S TURN UP THE DIAL ON CAFÉ VIBES & THE SPOKEN WORD! LISTEN OR PERFORM!</p> <p>OCT 17TH - HALLOWEEN MOVIE & PAJAMA PARTY POPCORN & A SPOOKY MOVIE! BRAG ABOUT YOUR PJS!</p> <p>OCT 24TH - FRIGHT MIC! MONSTER MASH? SPOOKY SKELETONS? SHOW OFF YOUR SPIRIT!</p> | <p>12:30PM-1:30PM ALL-PATHWAYS MEETING -RM 226</p> |
| | <p> *STARTING OCT 8TH* 6PM - 7:30PM NAVIGATING RECOVERY -RM 223 JOIN OUR 4-WEEK JOURNEY!</p> <p>OCT 8 -DEFINING YOUR RECOVERY OCT 15 -EXPLORING YOUR VALUES OCT 22 -RECOVERY SUPPORTS OCT 29 -SETTING GOALS</p> | <p>OCT 31ST HALLOWEEN PARTY & OUR 3-YR ANNIVERSARY! COSTUME PARTY - ARCADE GAMES MUSIC - CAKE- RAFFLE - PRIZES!</p> <p>SAY NO TO FOMO AND MEET US AT SLICE OF LIFE - 1636 VENABLES ST.</p> | <p>2PM-4PM MUSIC MAKERS RM 223 * NO SKILL REQUIRED * WEEK 1: PASS THE AUX MUSIC SHARE WEEK 2: INSTRUMENT EXPLORATION WEEK 3: SOFT JAM WEEK 4: WORKSHOP</p> |
| | | | <p> 5PM-6PM ALL-PATHWAYS MEETING-RM 223</p> |

All links here!

Linktree

= CORE CREDIT AVAILABLE