

OCT 2025

 102-32463 Simon Ave, Abbotsford BC



604-851-3754



JunctionBC.ca



JunctionAbbotsford@fraserhealth.ca

CLOSURES

TUES, OCT 7
MON, OCT 13



TUESDAYS

12:30PM - 1:30PM

ART EXPRESSION

Join us for therapeutic art, guided journaling, poetic reflection, and creative vibes.

No experience needed.



Junction Main Office

2PM - 3PM

TRAIL WALK

Meet at the Junction office and we will explore a new trail each week in Abbotsford. Weather permitting.



Junction Main Office



peer Support

Drop by to connect with one of our peer workers for one-on-one conversations and support from someone with lived experience.

WEDNESDAYS

12PM - 1PM

STITCH & BITCH

A cozy space to crochet, knit, or just hang out & vent. No skills needed.



Junction Main Office

1:30PM - 3PM

SMUDGE AND FEATHER

Explore recovery and spirituality from an Indigenous perspective. Connect, share, and learn in a supportive space.



Junction Main Office



4PM - 5PM

SMART RECOVERY

Join our self-empowering and judgement-free support group to create a balanced life.

online

THURSDAYS



12:15PM - 1:15PM

MINDFUL MOVEMENT

Come learn mindfulness and meditation skills.

ASAA HALL: 2631 Cyril Ave

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JUNCTION COMMUNITY
CENTRE
ABBOTSFORD



FRIDAYS

12PM - 2PM

INDIGENOUS CULTURAL SUPPORT

Drop-in to connect with Bill, our Senior Cultural Advisor, for conversation and cultural support in a welcoming space.

Junction Main Office



12PM - 2PM HAPPIER HOUR

OCT 3: Sip & Paint

OCT 10: Table Games

OCT 17: Pumpkin Carving

OCT 24: Halloween-themed Movie

OCT 31: Halloween Party

ASAA HALL: 2631 Cyril Ave



SATURDAYS

12:30PM - 3:30PM

LIVE, LAUGH, LUNCH

We'll be cooking one pot meals and enjoying activities together.

ASAA HALL: 2631 Cyril Ave

5PM - 6PM

online

2SLGBTQIA+ ALL PATHWAYS

A mutual support group for those who self-identify as queer, trans, and/or two-spirit. Together, we'll explore how our identities & lived experience intersect with recovery in all its forms.



5PM- 6PM

ALL PATHWAYS

online

BUILDING BACK COFFEE & CHAT

Connect with others seeking wellness & recovery. We've got snacks, coffee, and games!

MONDAY - FRIDAY

12PM - 4PM

Junction Main Office

SATURDAY

12PM-4PM

ASAA HALL: 2631 Cyril Ave

NEW

BOWLING!

When?

Tuesday, October 21
5:30pm-7pm

Where?

Galaxy Bowl, 32490 Simon Ave

RSVP required!

Call, email, or drop-in to let us know you're coming.



Please call,
email, or drop-in
to sign up

Online All Pathways + SMART Recovery

All Pathways: Thurs, Fri, Sat | 5PM - 6PM

Smart Recovery: Wed | 4PM - 5PM

Meeting ID: 221 658 615 886

Passcode: ey3wt9yx

MICROSOFT
TEAMS LINK

