

TUESDAYS

1:30pm - 4:30pm
Building Back
Coffee & Chat

Junction Dinner
Served @5:00pm

6:00pm - 7:00pm
All-Pathways
Hybrid

SATURDAY

10:00 - 12:00pm
Saturday morning
cartoons!!!

12:00pm - 1:00pm
All-Pathways

1:00pm - 2:00pm
Trauma-informed
yoga & movement

2:00pm - 5:00pm
Building Back
Coffee & Chat

WEDNESDAYS

12:30pm - 2:30pm
Trail walks w Bahar
A different route each
week, suitable for a
range of fitness levels

2:30pm - 5:30pm
Building Back
Coffee & Chat
Milestones August 13

5:00 pm - 7:00 pm
Evening Movies

THURSDAYS

11:00am - 12:30pm
Birds of a Feather
Ben leads a recovery
group grounded in
Indigenous teachings

1:00pm - 2:00pm
 2SLGBTQIA+
All-Pathways

2:00pm - 5:00pm
Building Back
Coffee & Chat

FRIDAYS

11:00am-1:00pm
Open Art Drop-in

11:30am - 1:00pm
Process Group with
Counsellor Roz

1:30pm - 3:00pm
Intro to DBT
(Dialectical Behaviour
Therapy) with
Counsellor Roz

3:00pm - 5:00pm
Happier Hour

Join us for our
summer outing,
August 21st at
Whytecliff Park!

August

📞 604-256-8979 📱 778-789-0643

✉️ junctionnorthshore@lookoutsociety.ca

📍 1645 Lonsdale Avenue, North Vancouver

 **Lookout**
Housing + Health Society

JUNCTION COMMUNITY
CENTRE
NORTH SHORE



Dinner Menu

TUESDAYS @ 5PM

August 5: Penne Bolognese, Salad and Garlic Bread

August 12: Chicken Salad wraps with potato wedges and garden salad

August 19: Beef and Broccoli stir-fry over veggies & noodles with Asian-inspired slaw.

August 26: Macaroni and cheese with pesto chicken balls and Cesar salad.



Happier Hour

FRIDAYS 3PM - 5PM

August 1: Bingo!

August 8: World Cafe! Bring on Global Trivia

August 15: Open Mic/Storytelling night

August 22: Themed Karaoke!

August 29: Play Time!

August



Heal from home!

Virtual All-Pathways
Meetings 6pm - 7pm

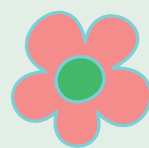


- Mondays
 - Tuesdays*
 - Wednesdays
 - Thursdays
 - Saturdays
- *hosted by NSJ*



<https://vancouvercoastalhealth.zoom.us/junctionallpathways>

MEETING ID: 244 730 7088
PASS CODE : 280265



NORTH SHORE JUNCTION SUMMER OUTING!

Join us on Thursday, August 21st for a day of sunshine, nature, and fun! We're going to Whytecliff Park, leaving Junction at 11am. Transportation provided. Includes BBQ lunch and outdoor games. RSVP required - let us know you're joining!