

TUESDAYS

1:30pm - 4:30pm
Building Back
Coffee & Chat

Junction Dinner
Served @5:00pm

6:00pm - 7:00pm
All-Pathways *Hybrid*

SATURDAY

10:00 - 12:00pm
Saturday morning
cartoons!!!

12:00pm - 1:00pm
All-Pathways

1:00pm - 2:00pm
Pen & Peace
Creative journaling!

2:00pm - 5:00pm
Building Back
Coffee & Chat

WEDNESDAYS

1:00pm - 3:00pm
Trail walks w Bahar
A different route each
week, suitable for a
range of fitness levels

3:00pm - 5:00pm
Building Back
Coffee & Chat

5:00 pm - 7:00 pm
Evening Movies



THURSDAYS

11:00am - 12:30pm
Birds of a Feather
Ben leads a recovery
group grounded in
Indigenous teachings

1:00pm - 2:00pm
2SLGBTQIA+
All-Pathways



2:00pm - 5:00pm
Building Back
Coffee & Chat

FRIDAYS

11:00am-1:00pm
Open Art Drop-in

11:30am - 1:00pm
Process Group with
Counsellor Roz

1:30pm - 3:00pm
Intro to DBT
(Dialectical Behaviour
Therapy) with
Counsellor Roz

3:00pm - 5:00pm
Happier Hour

It's NSJ's first birthday!
Come celebrate with
us all week, July 15-19.



JULY



604-256-8979 778-789-0643

junctionnorthshore@lookoutsociety.ca

1645 Lonsdale Avenue, North Vancouver

 **Lookout**
Housing + Health Society

JUNCTION COMMUNITY
CENTRE
NORTH SHORE

Dinner Menu

TUESDAYS @ 5PM

July 1: Build your own burrito bowls with Bannock!

July 8: Barbeque chicken with potato salad and fruit salad

July 15: Best butter Chicken! With a side of garden salad and naan

July 22: Pulled pork or chicken sandwiches with potato wedges and mixed veggies

July 29: Build your own burrito bowls!

Happier Hour

FRIDAYS 3PM - 5PM

July 4: Bingo!

July 11: Lip Sync Battle

July 18: Junction "Chosen Family Feud"

July 25: Carnival Arcade

JULY

Heal from home!

Virtual All-Pathways
Meetings 6pm - 7pm

- Mondays
 - Tuesdays*
 - Wednesdays
 - Thursdays
 - Saturdays
- *hosted by NSJ



<https://vancouvercoastalhealth.zoom.us/j/90258265>

MEETING ID: 244 730 7088
PASS CODE : 280265

Curious about
who we are and
what we do??
Come visit during our

**Building Back
Coffee & Chat**

JUNCTION COMMUNITY
CENTRE
NORTH SHORE

Lookout
Housing + Health Society

TUESDAY JULY 15

Anniversary project
Add your puzzle
piece! We're not
complete without
you



Special Junction
Dinner



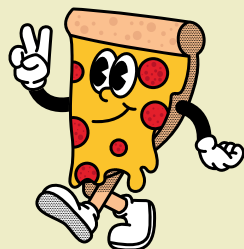
Butter Chicken with
basmati rice + naan

WEDNESDAY
JULY 16

Ice cream
party after
the trail
walk!



Movie and Pizza
Party
5pm-
7pm



THURSDAY
JULY 17

Birds of a Feather
11am-12:30pm



Ben will be joined by
JP Spence of
Squamish Nation, for
songs and
drumming

FRIDAY JULY 18



Tie Dye Party
11am-1pm

Junction
"Chosen Family
Feud"
3pm-5pm



SATURDAY
JULY 19



Bowling!
10:30am-12:30pm
meet at Junction

Picnic and Games
in the Park
Leave from NSJ
2pm-5pm



Junction's 1st birthday

Celebrate with us: JULY 15th - 19th

Can you believe that North Shore Junction is already one year old? We are celebrating with a whole week of "Junction's Greatest Hits", including favourite activities, special programs, and delicious treats.

