CLOSURES: TUES, JULY 1<sup>st</sup> Thur, July 10<sup>th</sup>











604.812.3139



VANCOUVERJUNCTION@VCH.CA

#### **MONDAYS**

#### 12-2PM BUILDING BACK COFFEE & CHAT -RM 215

DROP-IN FOR COFFEE, SNACKS, GAMES & CONNECTION.
GREAT INTRO TO OUR STAFF, PEERS & COMMUNITY

#### 2:30-4PM ART EXPRESSIONS -RM 215

COME JOIN US FOR SOME PEER-LED THERAPEUTIC ART PROJECTS! ARTISTIC SKILL IS NOT A REQUIREMENT.

#### 4:30-5:30PM ALL PATHWAYS MEETING -RM 215

THIS IS OUR FLAGSHIP MUTUAL SUPPORT MEETING INCLUSIVE OF ALL FLAVORS OF RECOVERY. JOIN OTHERS IN DISCUSSING VARIOUS RECOVERY-RELATED TOPICS & FIND THE SUPPORT AND CONNECTION AN ALL-PATHWAYS APPROACH CAN BRING.

#### **THURSDAYS**

#### 12-2PM BUILDING BACK COFFEE & CHAT RM 215

DROP-IN FOR COFFEE, SNACKS, GAMES & CONNECTION. GREAT INTRO TO OUR STAFF, PEERS & COMMUNITY.

#### 2:30PM-4PM SEAWALL WALK & CHAT (MEET IN LOBBY)

BACK BY POPULAR DEMAND! JOIN US FOR A WALK ON THE SEAWALL - WEATHER PERMITTING - IN CASE OF BAD WEATHER WE WILL EXPAND BUILDING BACK TILL 4PM IN ROOM 215

#### 4:30-5:30PM 2SLGBTQIA+ ALL PATHWAYS -RM 215



A MUTUAL SUPPORT MEETING FOR THOSE WHO SELF-IDENTIFY AS QUEER, TRANS, AND/OR TWO-SPIRIT. TOPICS WILL EXPLORE THE INTERSECTIONAL SPACE BETWEEN QUEERNESS AND RECOVERY THROUGH AN ALL-PATHWAYS LENS.

\*WE LOVE OUR ALLIES & RESPECTFULLY ASK ALLIES
TO ATTEND GENERAL AP MEETINGS.\*

#### ONLINE ALL PATHWAYS MEETINGS

6PM-7PM | MON/ TUES/ WED/ THURS/ SAT

MEETING ID: 244 730 7088

**PASSCODE**: 280265

VANCOUVERCOASTALHEALTH.ZOOM.US/J/2447307088



CLOSURES: TUES, JULY 1<sup>ST</sup> Thur, July 10<sup>TH</sup>



Zoom

CLOSURES: TUES, JULY 1<sup>ST</sup> Thur, July 10<sup>TH</sup>







### JULY ZOZS ©ROBERT & LILY LEE 1669 E BROADWAY







604.812.3139





#### **TUESDAYS**

#### WEDNESDAYS

#### **FRIDAYS**

#### **SATURDAYS**

## NEW 3PM - 5PM DROP-IN NAVIGATION 3RD FLOOR JUNCTION

FIRST COME, FIRST SERVE 1:1
SUPPORT ON YOUR RECOVERY
JOURNEY BY OUR NAVIGATORS!

4:30-5:30PM ZEN OUT -RM 223

COME LEARN, PRACTICE, AND REFLECT ON VARIOUS MINDFULNESS & MEDITATION TECHNIQUES.

6PM-7PM ALL PATHWAYS MEETING -RM 223

OUR FLAGSHIP MUTUAL SUPPORT
MEETING INCLUSIVE OF ALL FLAVORS
OF RECOVERY.
\*THE LAST TUESDAY OF EACH MONTH

\*THE LAST TUESDAY OF EACH MONTH IS A MILESTONES THEMED MEETING-YES, THERE WILL BE CAKE! 1:30PM - 3PM SMUDGE & FEATHER 312 MAIN ST.

FO FOUND OF S

JOIN US AT 312 MAIN ST FOR SMUDGE & FEATHER PASSING WHILE WE DISCUSS RECOVERY & SPIRITUALITY FROM AN INDIGENOUS PERSPECTIVE.

\*EAGLE CEREMONY JULY 30TH\*

CULTURAL/RECOVERY
ACTIVITIES
3:30-6PM
312 MAIN ST.

AFTERWARDS, WE WILL HOST VARIOUS CULTURAL ACTIVITIES IN THE SAME ROOM FOR THOSE WHO WOULD LIKE TO STAY & LEARN HAPPIER HOUR! 5-7PM (SEE BELOW)

JULY 4TH ANTI-COLONIALISM MOVIE NIGHT

FEATURE MOVIE ABOUT PUSHING BACK AGAINST COLONIAL STRUCTRURES

#### JULY 11TH

#### DRAG VARIETY SHOW

COME DRESSED TO EXPRESS!

DRAG, FESTIVE FLAIR, OR WHATEVER

MAKES YOU FEEL MOST YOU. PREPARE

TO PERFORM, OR JUST ENJOY THE SHOW!

#### JULY 18TH

#### TIE-DYE

GET COLOURFUL WITH US! MAKE SOMETHING BRIGHT, BOLD, AND TOTALLY YOU!

JULY 25TH OPEN MIC



11AM-12PM
MINDFUL MORNINGS
RM 223

12:30PM-1:30PM ALL-PATHWAYS MEETING -RM 226

### 2PM-4PM MUSIC MAKERS RM 223

#### \*NO SKILL REQUIRED\*

WEEK 1: PASS THE AUX MUSIC SHARE WEEK 2: INSTRUMENT EXPLORATION

WEEK 3: SOFT JAM
WEEK 4: WORKSHOP

5PM-6PM ALL-PATHWAYS MEETING-RM 223

# All links here!



